

COVID PROTOCOL AT AAETI

Protocols to be followed within premises at all times	
General Advisory	<p>People above 65 years of age, with co-morbidity and individuals bearing any symptoms of COVID-19 must not attend the training programmes/events at AAETI. People falling under the categories mentioned below, are at high risk as identified by the MoHFW, therefore, are requested to avoid travelling/attending trainings at AAETI:-</p> <ol style="list-style-type: none">a. Pregnant women and lactating mothers.b. People with the following medical conditions :-<ol style="list-style-type: none">i. Severe Asthma or chronic lung disease.ii. Hypertension.iii. People with chronic kidney ailment and undergoing dialysis.iv. Serious heart ailments.v. Any other medical condition that has potential high risk in the COVID environment in the opinion of a medical expert.vi. Any other category / symptom, as notified. <p>All trainees to install Arogya Setu app in their mobile phones, for showing their Setu status while entering the campus for safety purposes.</p> <p>Temperature screening of all trainees, resource persons and visitors is mandatory.</p> <p>Social distancing and wearing masks is compulsory while in groups</p> <p>Disposable masks have been made available at the gate and reception. Specific bins have been installed within the premises for disposal of masks. Participants are required to wear masks at all time within the campus.</p> <p>Trainees are encouraged to proactively disclose their health status including fever/cough/sore throat/influenza like symptoms, to the training coordinators /AAETI Administrator.</p> <p>Movement of trainees within the campus in groups is restricted, please avoid common areas in large groups.</p> <p>Kindly carry your individual water bottles issued by AAETI within the premises with a view to avoid the glasses kept at the water cooler for safety reasons.</p> <p>Necessary safety measures have been taken by staff while preparing the training kits.</p> <p>The participants are suggested to carry their own washable three layered cloth masks. It is recommended to change the masks frequently for safety purposes.</p> <p><u>Average temperature this week</u></p> <p>Evenings are very cold at AAETI, Nimli (Rajasthan), kindly ensure carrying warm clothes.</p> <p><u>Day Temp.</u> - Between +15 °C to + 20 °C</p> <p><u>Night Temp.</u> - Between +2 °C to +8 °C</p> <p>There are plans to go for trekking, kindly, carry your trekking shoes.</p>

Key Headers	Protocols to be followed
Transport arrangements	<p>Buses/cabs have been sanitised well prior to boarding.</p> <p>Drivers have been instructed to wear masks at all time while driving and will be carrying hand sanitizers in the car/bus.</p> <p>Passengers are requested to wear masks at all time during their travel in the bus.</p> <p>In order to ensure adequate social distancing only half of the car/bus occupancy capacity will be utilized during transportation.</p> <p>Passengers are requested to wash their hands with soap for at least 20 seconds before boarding the bus and after reaching the destination. Frequent use of hand sanitizers is suggested. Please avoid touching your eyes, nose, and mouth with unwashed hands.</p>
Gate	<p>Temperature screening of all trainees, resource persons and visitors is mandatory before entering the campus. Anyone with temperature more than 37.5 °C /98.6 °F will not be allowed to enter the campus.</p> <p>Foot operated sanitizer has been kept at the gate. Kindly sanitise your hands before entering the camps.</p> <p>Entry of visitors is strictly restricted. Special permission from Admin in-charge is required for the same.</p> <p>Prior permission will be required in case the trainees want to leave the campus during the training period from the training coordinator and AAETI admin staff.</p>
Reception	<p>Please sanitize your hands before entering the reception.</p> <p>Ensure sufficient social distancing in the reception area.</p> <p>Do not overcrowd the reception at any time, specially, during check in and check out. Not more than four persons will be allowed at the reception at any point of time.</p> <p>Disinfection of commonly touched surfaces like phone, keyboard, door handles etc., shall be carried out at regular intervals.</p>
Accommodation	<p>A well-sanitized single room will be provided to the trainees at the Student Housing Building with fresh linen.</p> <p>In case training participant wants to get their rooms cleaned, please hand over your room keys at the reception and cleaning and sanitization of the room will be done.</p> <p>Trainees are encouraged to take up self-cleaning of their rooms so as to avoid contact with others.</p> <p>Cleaning of common areas i.e corridor, staircase and lift will be done at regular intervals.</p>
Cafeteria	<p>Foot operated sanitizer has been kept at the cafeteria, kindly sanitize your hands before entering the cafeteria.</p> <p>Ensure hand wash with soap for 20 seconds (both before & after meals).</p> <p>Avoid overcrowding at cafeteria premises. In case there is already a person at the food counter, kindly wait for your turn with proper social distancing.</p> <p>Depending upon the size of the trainee group either food will be served by our staff to avoid touching of serving spoons by different individual or pre served Thalys will be provided for safety reasons.</p> <p>Procurement of materials in canteen will be through contact-free delivery. Thalys will be kept on a table for you to pick up.</p>

	<p>Kindly avoid seats marked with skip seat stickers in the dining hall.</p> <p>Ensure social distancing and hygiene while having lunch in the dining hall.</p> <p>Canteen staff to maintain all hygiene protocols. They have been trained and will be using necessary safety gears at all time.</p> <p>Kindly empty your food waste in the designated bins kept at the cafeteria before keeping it at the washing counter.</p>
Classroom seating	<p>Masks and sanitizers are a must in the classroom.</p> <p>Foot operated sanitizer has been provided at the entrance of the classroom, all are requested to sanitize their hands before entering the classroom.</p> <p>Trainees and resource persons are requested to protect themselves and others at all times including proper use of face masks, social distancing and hand hygiene.</p> <p>The seating arrangement will be with appropriate social distancing, trainees to seat by skipping one/two seats. All trainees are required to adhere to the social distance measure of at least one meter.</p> <p>Classroom to be used with windows open with sufficient ventilation</p>
Common Area	<p>Common touch points such as door handles, stair railing, water cooler taps, telephone etc. shall be sanitised at regular intervals.</p> <p>All support staff like security, housekeeping, canteen and gardener must wear mask when dealing with the trainees.</p>
Washrooms	<p>Avoid overcrowding in the washrooms.</p> <p>Use your elbow to press the tap knob for water.</p> <p>Open the door using elbow / arm.</p> <p>Housekeeping shall ensure the cleaning of commodes, urinal pots more frequently.</p>
Gym	<p>The Gym facility should be used with open doors and windows for better ventilation. No air conditioners will be used within the gym.</p> <p>Always maintain social distancing inside the gym. You are requested to avoid rush hours using for gym.</p> <p>Please wear masks while using the gym.</p> <p>Please carry your own sanitizers, clean towels, masks, disinfectant wipes, yoga mats, etc. for every gym session and ensure minimized cross-contamination.</p> <p>The participants are requested to sanitize commonly used equipments before and after every usage.</p>
Developing Covid like Symptoms	<p>In case someone gets Covid like symptoms at AAETI the rooms allocated to the respective trainee can serve as their place for quarantine.</p> <p>An ambulance/car will be immediately arranged for necessary action to the nearest testing facility at Gurgaon.</p> <p>Trainees are requested to provide an emergency contact in case of emergency.</p>