

# ENVIRONMENT READER FOR UNIVERSITIES

Ecosystems  
Population  
Resources  
Energy  
Climate Change  
Conservation  
Pollution  
Environmental  
Movements

India's most comprehensive and  
contemporary book on environment, based  
on UGC syllabus, for professors and students

## Challenge of environment

Sunita  
Narain  
CSE



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**ACKNOWLEDGEMENTS:** We thank all the  
reporters and researchers of *Down To Earth*  
and the Centre for Science and Environment,  
whose research have been used in this book.

**ICRM:** 078-81-86054-03-3

**PRICE:** ₹290/-

Published by  
Centre for Science and Environment,  
41, Tughlakabad Institutional Area,  
New Delhi 110 062  
Phones: 91-11-4061 6000  
Fax: 91-11-26035879  
E-mail: cse@cseindia.org  
Website: www.cseindia.org  
Printed at Multi Colour Services, New Delhi

**COVER PHOTOGRAPH:** Reuters

## HOW TO NAVIGATE

The *Environment Reader for Universities* is not only based on the University Grants Commission (UGC) syllabus for environmental studies for undergraduates, it also replicates a classroom experience for better understanding and comprehension.

A short guide on how to read this book:

### SUMMARY

A short analysis that helps you get a contemporary perspective on the subject

### ARTICLES

They capture the basics and key recent developments like a teacher would explain a subject, offer an argument or pedal a perspective

### CASE STUDY

Each thematic article has one or more case studies that illustrate the subject

### LECTURE

Like an invited speaker in a class, these lectures feature subject experts who illuminate a new understanding on the subject. To engage you more, a Q & A session throws further light on the topic

### FIELD TRIP

As part of your environmental curriculum, you will be required to undertake a field trip to experience a subject firsthand. We have carefully selected relevant case studies for such visits with detailed guidance on what you must look for.

### ENVIRONMENTAL LAWS

This section will help you explore the subject by explaining the relevant laws



# Our Reader



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Beji Bachao Andolan

Narmada Bachao Andolan

Delhi's fight for right to clean air

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Religion and environmental issues

### PEOPLE

Anil Agarwal

Anupam Mishra

M S Swaminathan

Chewong Norphel

Chandi Prasad Bhatt

### NEW BUSINESS

ARTICLE  
Circular economy

Peddling green the last mile

Organic mosquito repellents from natural oils

Start-ups delivering healthy food and counting calories

Turning trash to paper

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### ENVIRONMENTAL LAWS

Important environmental laws in India



## Relearning our footprints

Environment is central to the business of achieving inclusive growth and development, because only then can it be made sustainable

**T**his is the age of the environment. This is also the age of the anthropocene—a period during which human activities have been the dominant influence on the environment and climate. Globally, it is clear that climate change is happening and it has made economies and people insecure. Weather will change: it will become more variable, extreme; and, will lead to increased threats of disasters like cyclones, sea storms, droughts and floods. Climate change has been created because of human-made emissions, largely because of the fuel we use to run our industries, houses and economies. So, it is we who must now learn (or re-learn) the art and science of building futures, without destruction.

It is for this reason we must learn environmental issues. This is about our economies; our future survival; and, our well-being. Environment is not yesterday's concern. It is not peripheral to the real business of governance or the real business of providing basic services to meet the needs of all. In fact, it is central to the business of growth. But it is also (central to) inclusive growth, because only then it can be sustainable.

So teaching and learning environment is about everything in our lives. This is the connection we need to learn. Environmental studies are a textbook of the world around us. It is also about the inter-connections that make life—all subjects, from chemistry and geography to history and biology come together. The best way to imbibe environmental studies is then to learn from events that are happening around us.

But there is a reason environmental studies can never be a textbook. There is no one solution to the problem of environmental management. What works in some cases, may not work for another situation. Also, even as we find that we have a solution, another problem will emerge and take us back to the drawing board. The way to learn environment then is to learn to ask questions—being open, curious and, most importantly, humble enough to admit that we do not know enough about the environment.



## Objective Build understanding on the following

- a. Imperative of environment:**  
what is happening around us;  
why it matters
- b. What needs to be done?** Why  
is environment linked to  
development?
- c. How it needs to be done?**  
What is inclusive, affordable  
and so sustainable  
development?



# Our world today...

---

- ⑩ Is in crisis
- ⑩ Climate change is happening; not about the future. **But now**
- ⑩ Leading to variable weather events
- ⑩ Leading to devastating impacts on the poorest, who are not responsible for stock of emissions in the atmosphere

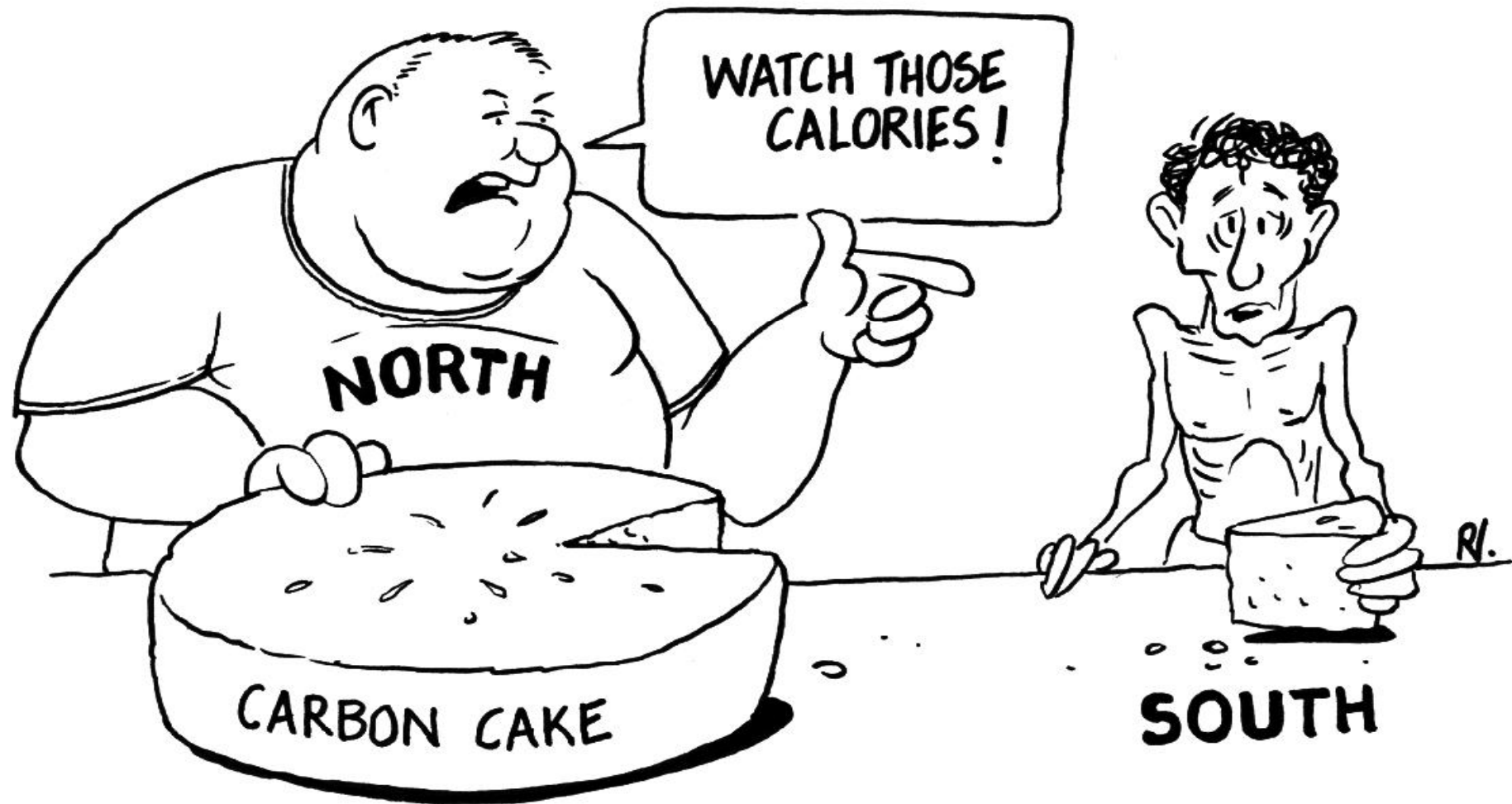


## Growth-climate linked

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- ⑩ No country, as yet, has learnt how to get rich without emissions
- ⑩ US is moving from coal to gas (still fossil); EU is moving back to coal;
- ⑩ Effort is to keep energy costs low – consumption increases. Negates all efforts to curtail emissions
- ⑩ Add challenge to **share that growth between nations**; between people

Acceptable???





## Our challenge even greater

---

- ⑩ We are seeing toxification of our environment at scale and pace never seen
- ⑩ Growth is taking a toll
- ⑩ We don't have resources to spend to clean up after we have polluted
- ⑩ **We don't have resources to keep spending as we “clean” up**



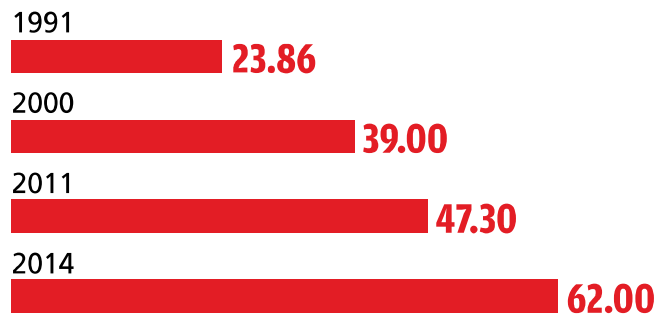
# Drowning in our own waste: Cannot manage to clean as we produce

## PILING PROBLEM

Studies show that India's waste has more than doubled in the past 25 years

### Solid waste generation in India

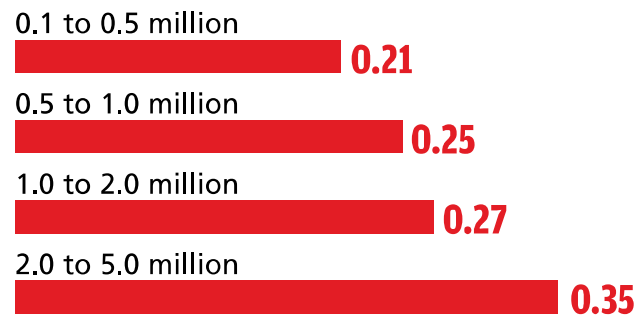
(Million tonnes/Year)



Source: Compiled from research papers and available documents (DEA and CPCB)

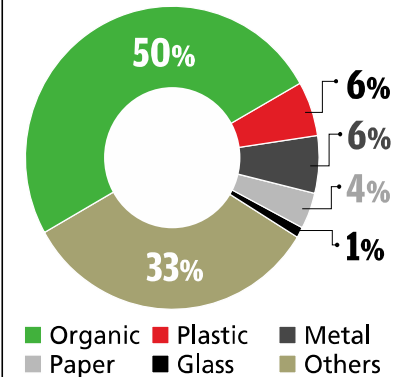
### Per capita waste generation according to city population

(Kg per capita per day)



Source: Strategy paper on solid waste management, 1995, NEERI, Nagpur

### Composition of waste in India



Source: What a Waste, 2012, World Bank



# STATE OF AIR QUALITY

## Breathing toxins

Air pollution levels in all Indian cities far exceed permissible limits.  
An action plan is urgently needed

**T**he World Health Organization (WHO), after studies conducted in 124 cities, revealed in 2014 the presence of high levels of microscopic air pollutants in the air we breathe in India. The level of particulate matter (PM) with a diameter of 10 microns or less, known as PM<sub>10</sub>, exceeded the WHO air quality standards of 20  $\mu\text{g}/\text{m}^3$  (microgramme per cubic metre) in all cities assessed. Fine particulates with a diameter of 2.5 microns or less, or PM<sub>2.5</sub>, too exceeded the WHO standard of 10  $\mu\text{g}/\text{m}^3$  in all cities, except Pathanamthitta in Kerala. Apart from the particulates there are other air pollutants like carbon monoxide (CO), nitrogen oxides (NO<sub>x</sub>) and sulphur dioxide (SO<sub>2</sub>) that are constantly spewed into the atmosphere due to human activities. Together, these air pollutants have become one of the top 10 killers in the world, says WHO's *Global Burden of Disease* (GBD) report, released in December 2012. According to the report, air pollution killed 627,000 Indians in 2012 and is the fifth largest killer in the country.

According to the latest WHO data released in May 2016, some 10 of the 20 most polluted cities in the world are located in India. Gwalior, Allahabad, Patna and Raipur are in the top 10. Delhi is at 11. According to the daily Air Quality Index (AQI) that the Central Pollution Control Board (CPCB) released in 2016 for 32 cities, Kanpur, Lucknow and Faridabad had witnessed worse air quality than Delhi on different days in the first two weeks of November 2016. Varanasi and Allahabad also did not observe even a single day of "good" air quality in more than 220 days when measurements were taken.

Clearly, air pollution is a national crisis, and with growing concerns over the impact of air pollution on public health, the Union and state governments need to formulate strategies to curb pollution by enforcing stringent measures to combat air pollutants.

According to a study published in *Environmental Science and Technology* in 2015, 45 per cent of Delhi's premature deaths could have been avoided if the city took preventive measures. Across India, 400,000 premature deaths a year could be avoided if the authorities meet the WHO standard of 10  $\mu\text{g}/\text{m}^3$ , which is four times more stringent than the national standard.

To achieve effective pollution control standards, India will have to first control dieselisation. The country will also have to speed up its technology roadmap to clean up diesel and ensure that the new technologies deliver on their intended emissions reduction targets. The unprecedented move to skip Euro V emission norms for vehicles and fuels altogether and leap directly to Euro VI or Bharat Stage VI (BS-VI) emission standards by 2020 guarantees enormous health benefits. Leapfrogging to BS-VI will bring clean diesel fuel to India—in case of cars, PM emissions will reduce by 82 per cent and NO<sub>x</sub> by 68 per cent from BS-IV levels. PM and NO<sub>x</sub> emissions from two-wheelers will reduce by 89 per cent and 76 per cent; and, PM and NO<sub>x</sub> emissions from trucks and buses will drop by 50 per cent and 89 per cent.

The switch to new standards by 2020 will also address the pollution caused by two-wheelers and trucks. Two-wheelers, though affordable and fuel-efficient, significantly contribute to the particulate load in cities. India will get PM emissions standards and on-board diagnostic systems for two- and three-wheelers that will give alerts about engine malfunction and wayward emissions. This is expected to lead to a paradigm shift in two-wheeler technology.

# Deadly for our health Not dust. But toxin in air

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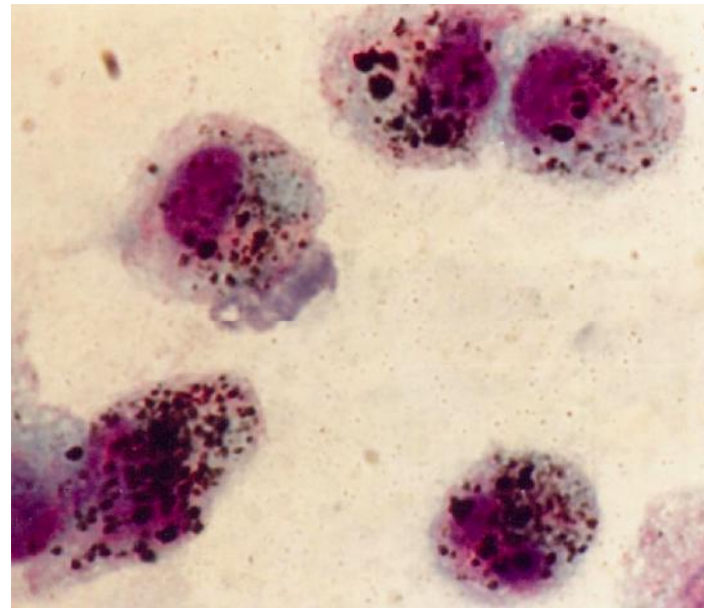
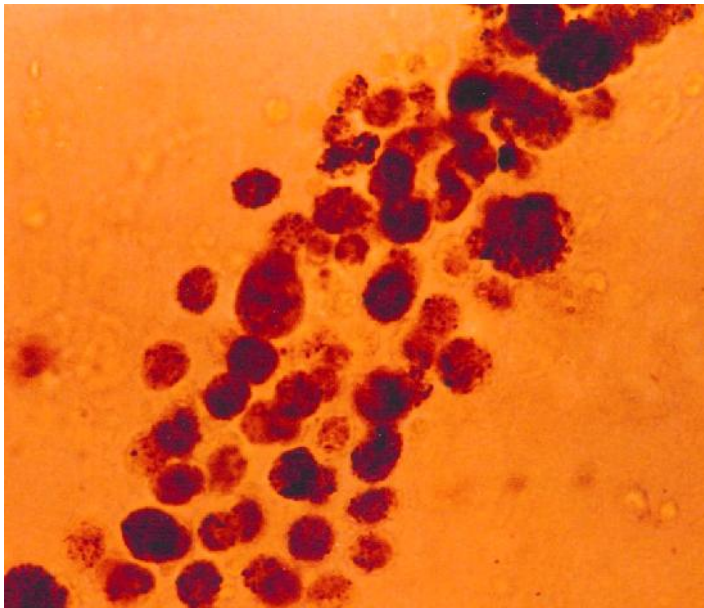


- ⑩ **2012 epidemiological study on children in Delhi. Covered 11,628 school-going children from 36 schools**
- ⑩ **Every third child has reduced lung function. Sputum of Delhi's children contains four times more iron-laden macrophages than those from cleaner environments, indicating pulmonary hemorrhage**



## Alveolar macrophage: the biomarker of air pollution

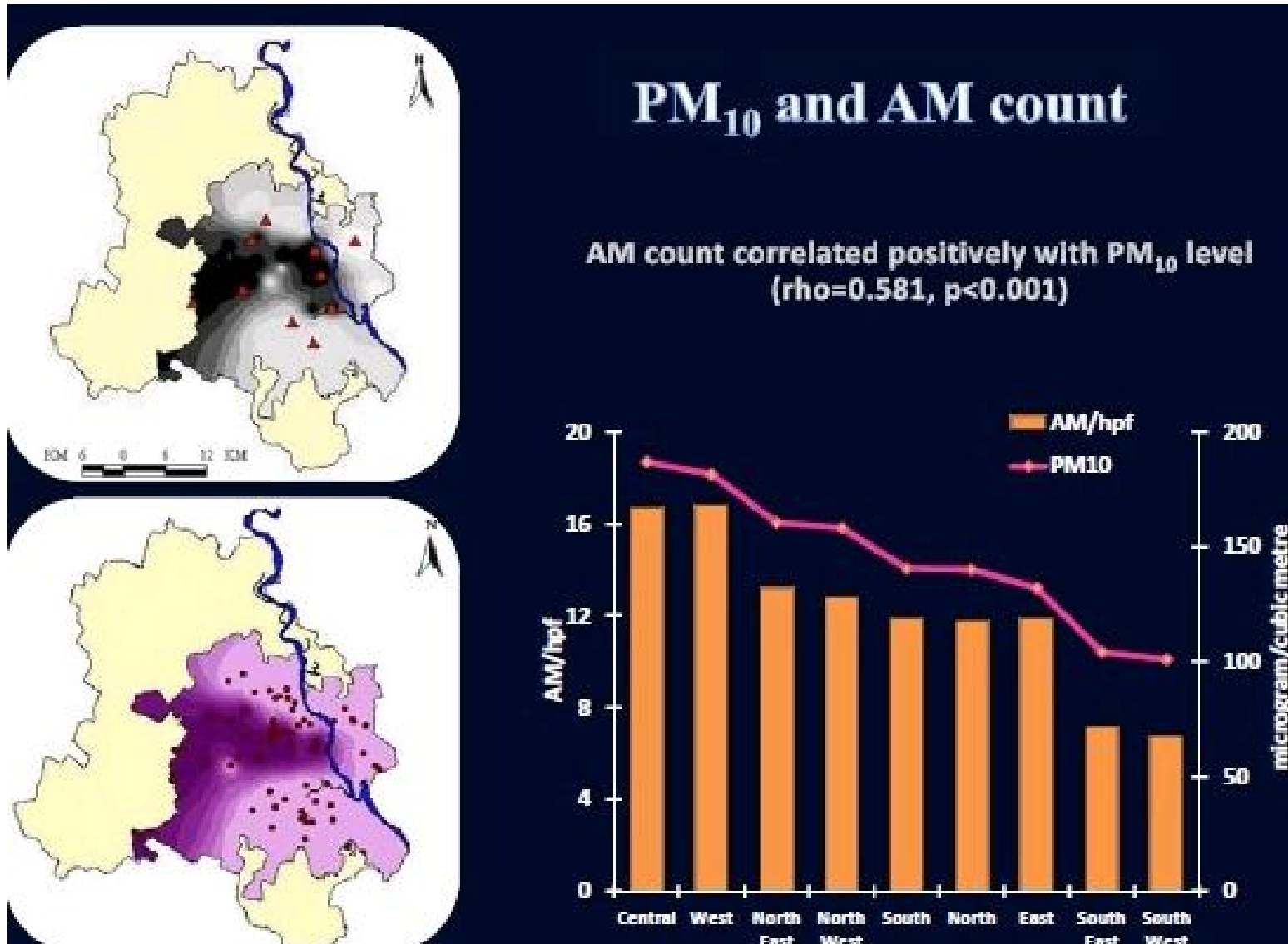
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Sputum cytology of a 14-year old girl, showing abundance of particle laden AM



# Study co-related lung damage high pollution levels in Delhi: global evidence even clearer

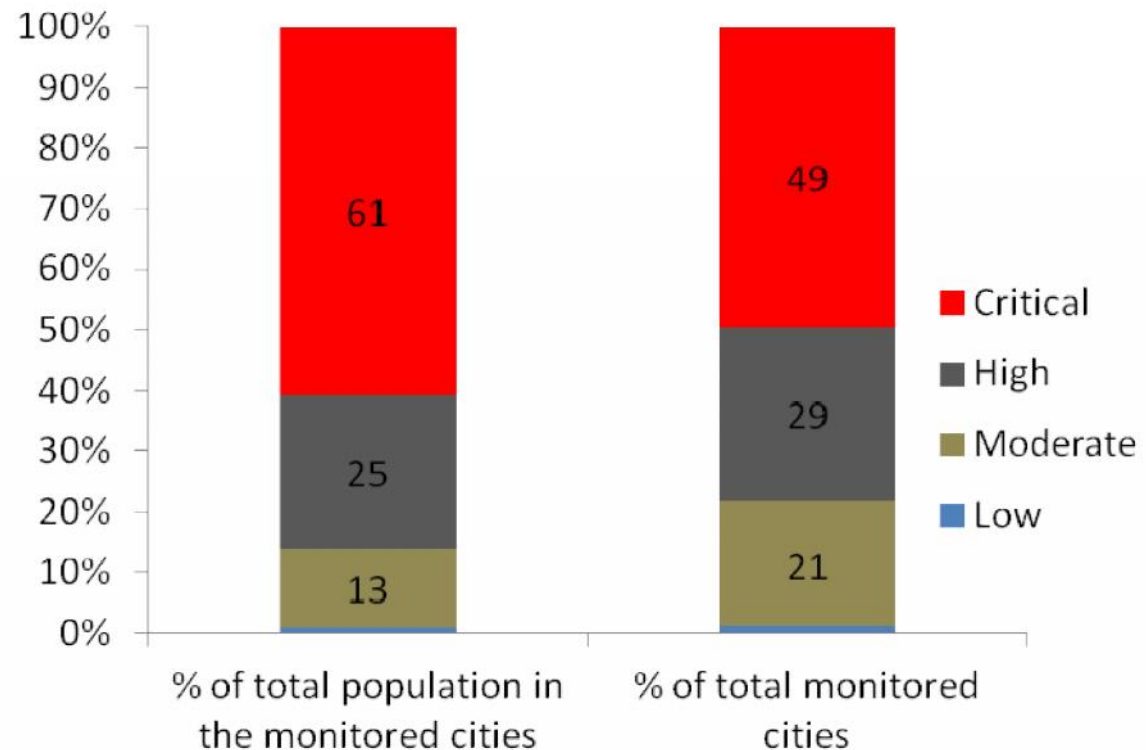


# In Indian cities air is toxic: bad for health



**50% of cities  
monitored are  
critically polluted  
for PM10**

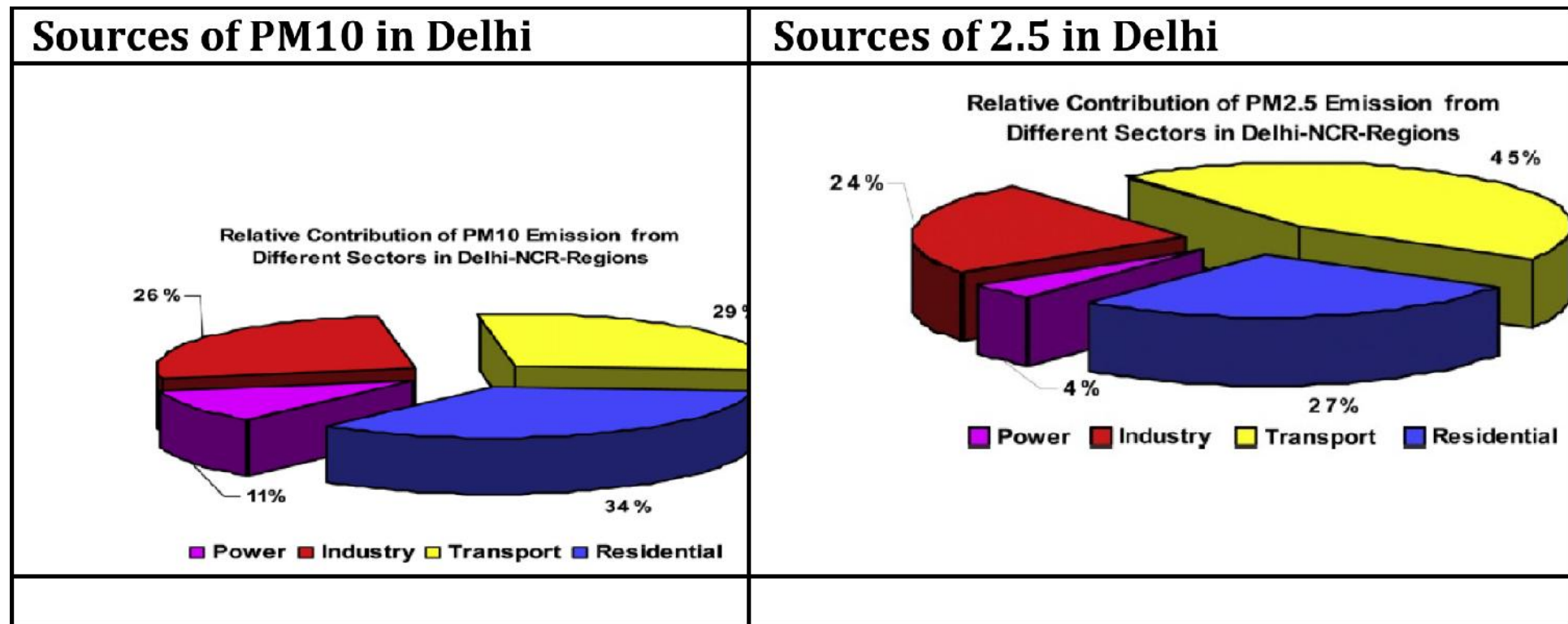
**This is growing  
Public health  
burden**





# Why pollution?

Size of particulate matters: smaller and more deadly comes from transport; larger from construction/residential



Source: Ministry of Earth Sciences, 2009

# Smart is not what we are doing today

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- ⑩ How do we build really ‘smart’ cities
- ⑩ Smart is as smart does
- ⑩ This is not smart – cities with foul air and unacceptably high health burden
- ⑩ **How?**



# Trajectory of pollution: staying behind the problem

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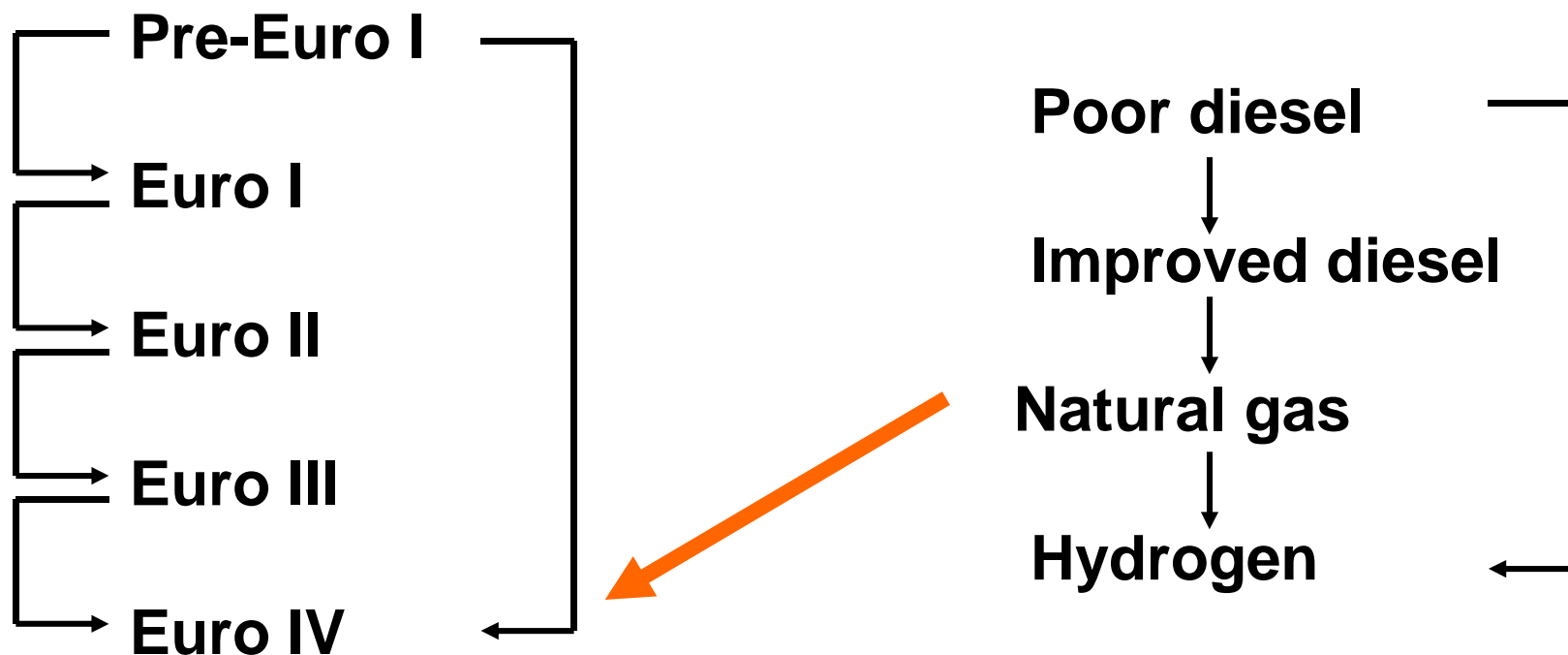


- ⑩ Mid-1980s; **SPM** – cleaned fuel; invested
- ⑩ Mid-1990s; **RSPM; PM10; PM2.5** –  
Improved engines; mass of particles went down; but so did size: again invested
- ⑩ Mid-2000; **NOx** – higher temperatures for particulate control; again invested
- ⑩ Now **black carbon; ozone, climate change.... No effort to reduce the number of vehicles**



# Leapfrog

CNG leapfrog jumped us beyond Europe. Big solution; not incremental. What can we do now?



# Must recognise the threat and opportunity

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Cars occupy 90 per cent of road space in cities

**Cars have not replaced the bus, the bicycle or walking**

**Cars have only marginalised the bus**

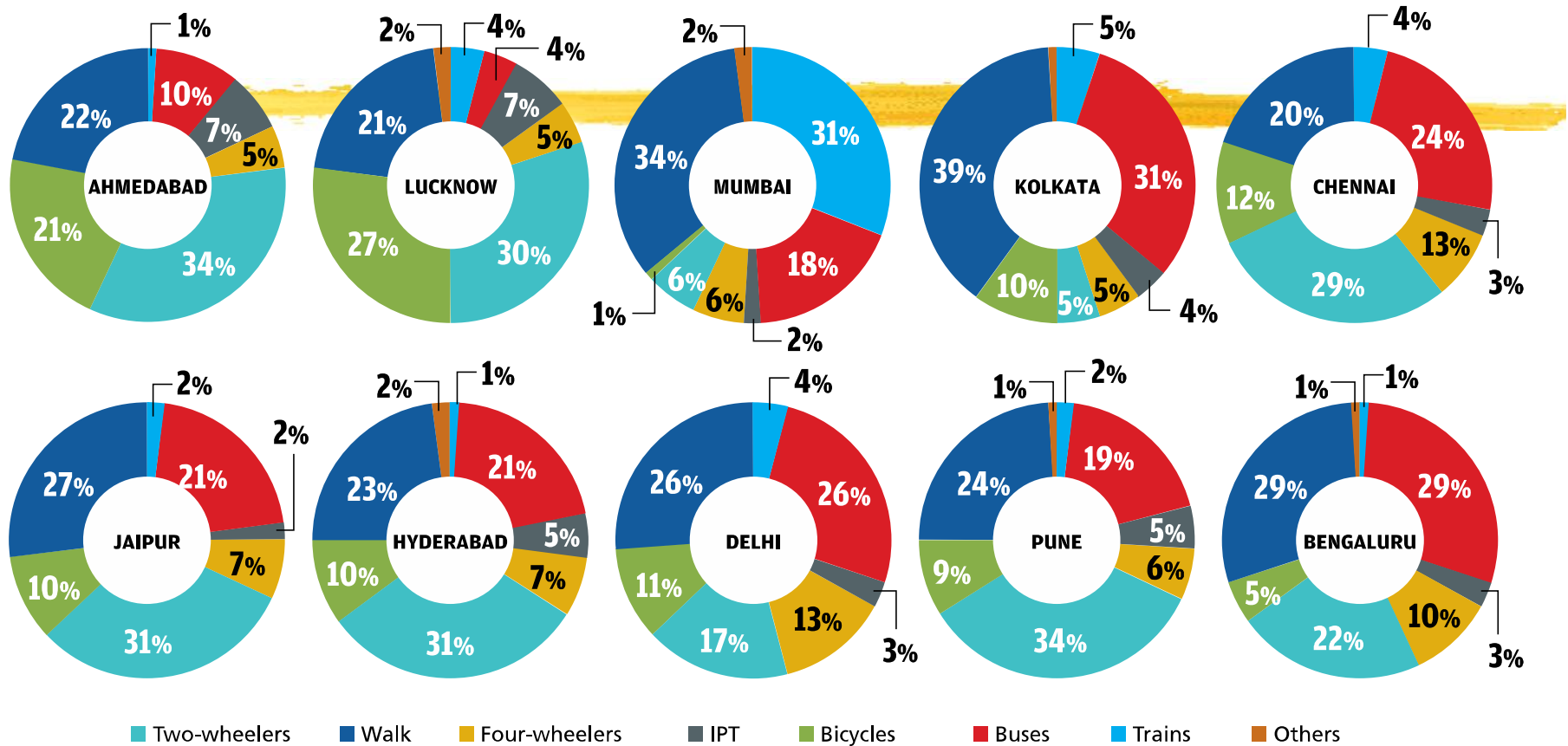
40-60% use bus

10-20% cycle

20-30% walk

Only **10-20% use car+2-wheeler**

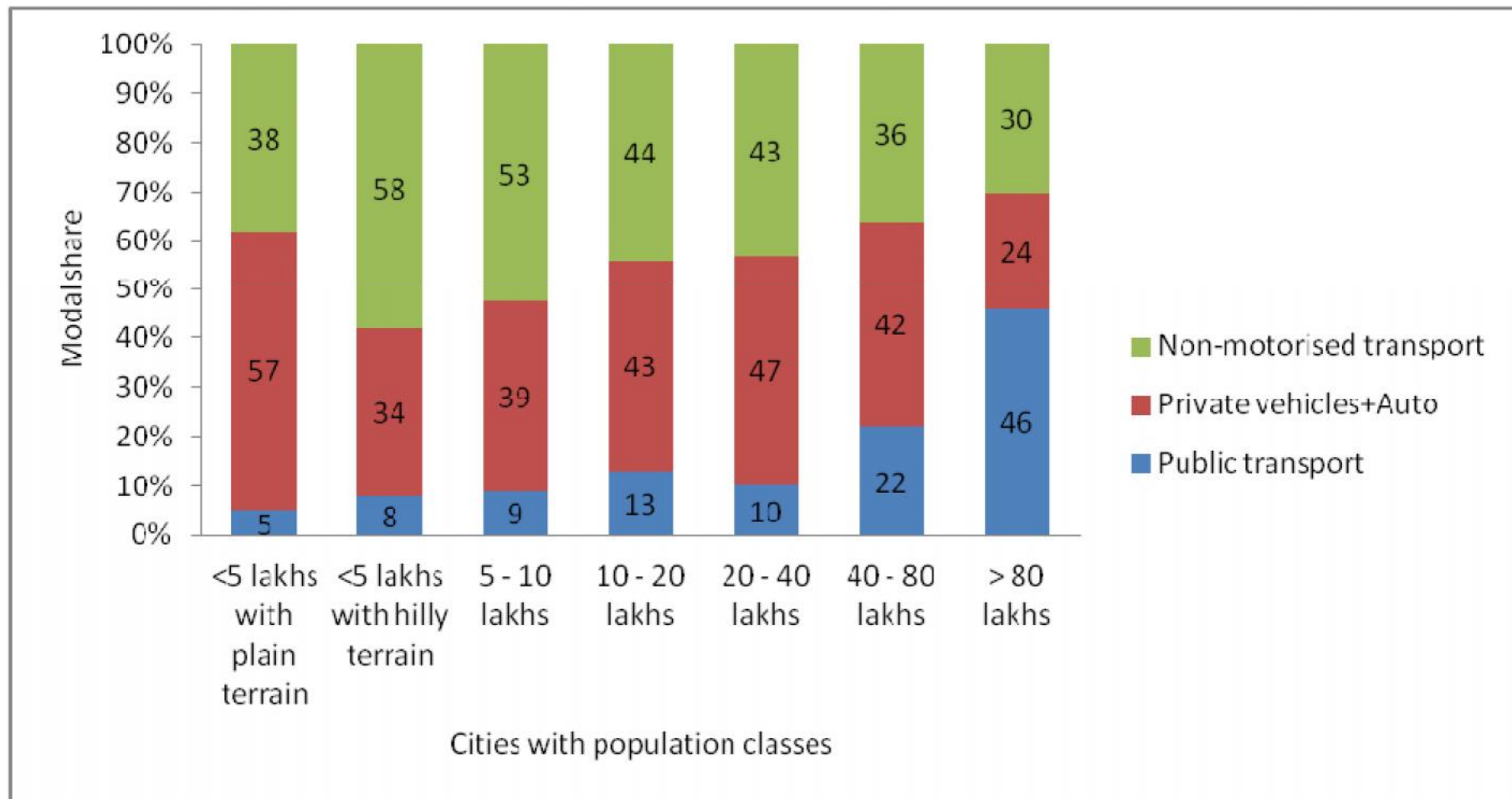
## MODE OF TRAVEL TO WORK IN MAJOR MILLION PLUS POPULATION INDIAN CITIES



Source: Census 2011

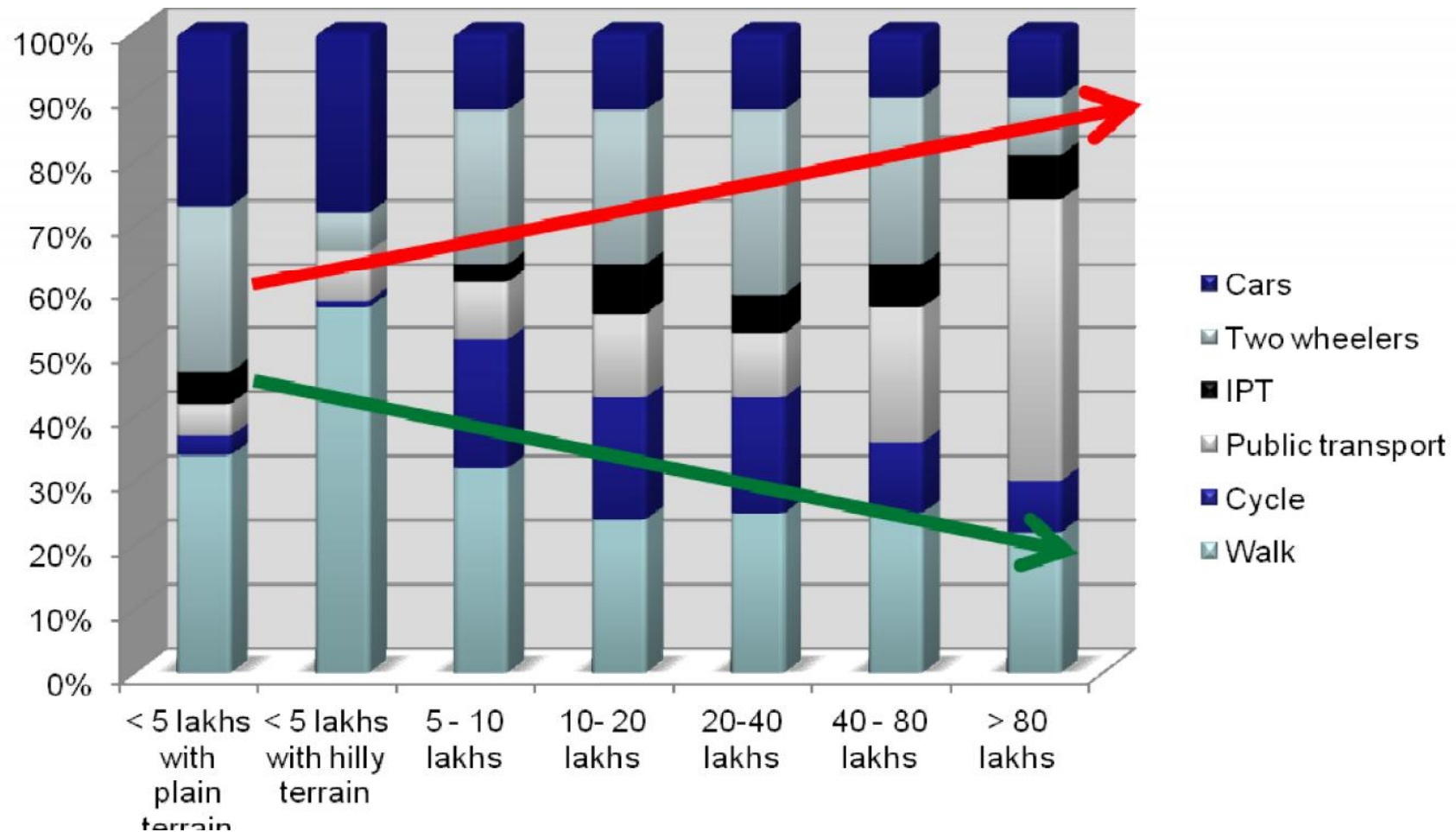


# The opportunity We walk and cycle because we are poor



Source: Based on: MOUD 2008, Study on traffic and transportation policies and strategies in urban areas in India, Wilbur Smith Associates, Ministry of Urban Development, May

# How can we walk, cycle, bus when and because and when we are rich?

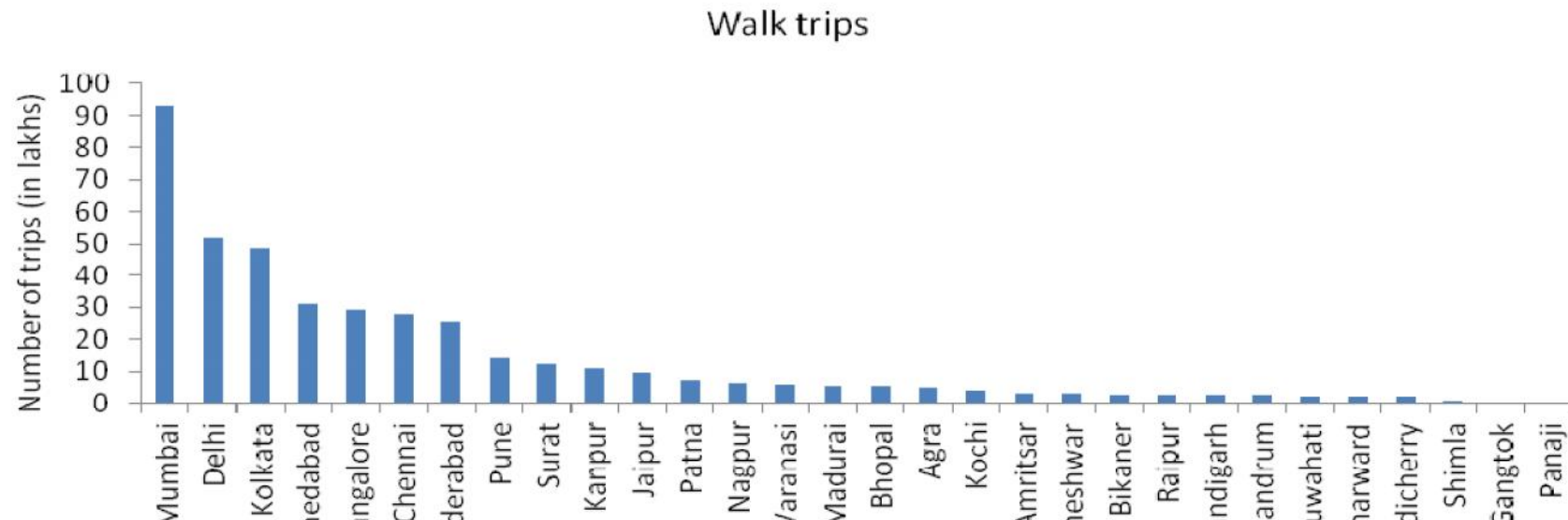


**Each and every trip begins and ends as walk trip.  
No right to clean air without right to walk**



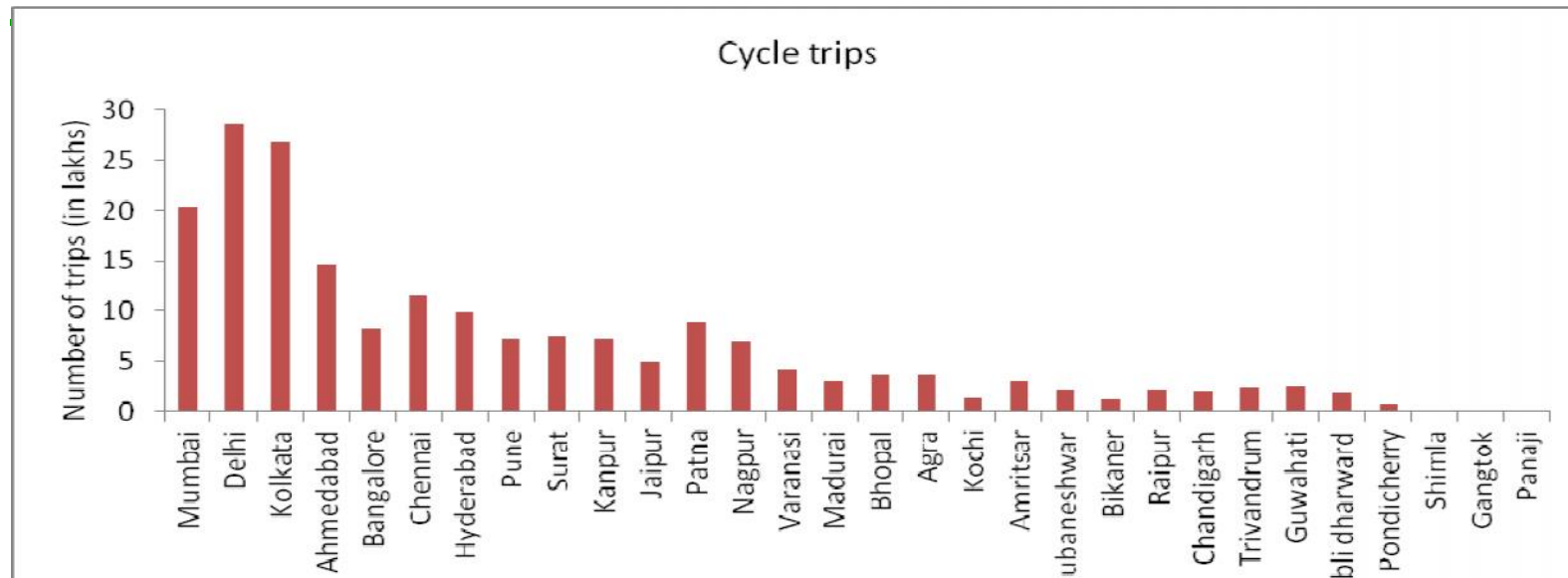


# Mumbai, Delhi, Kolkata, Chennai: Still very high count of walk trips





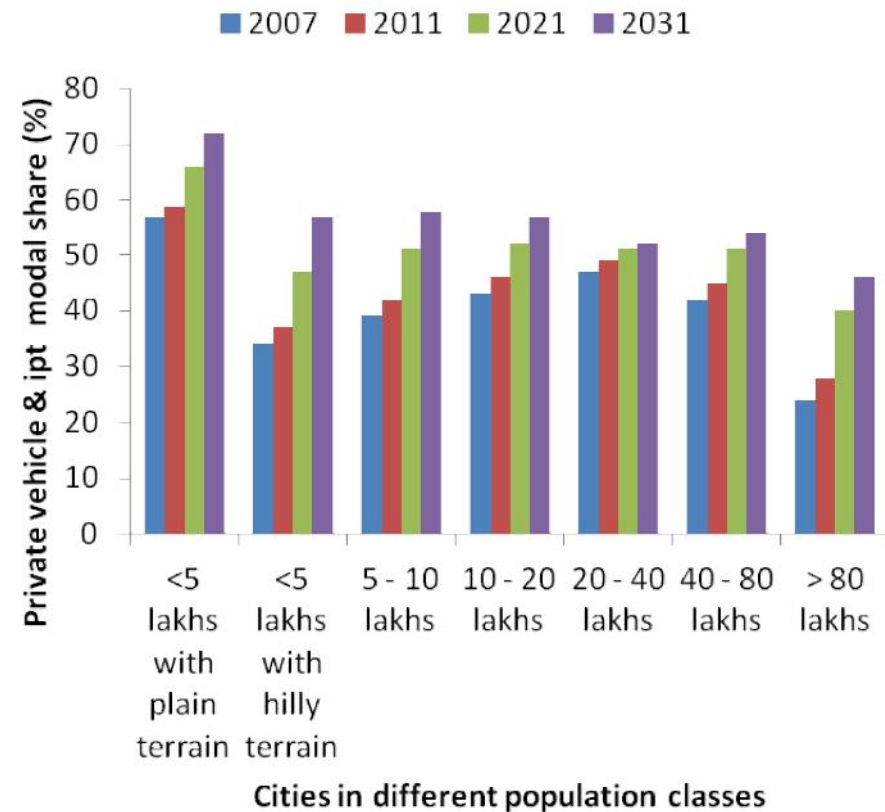
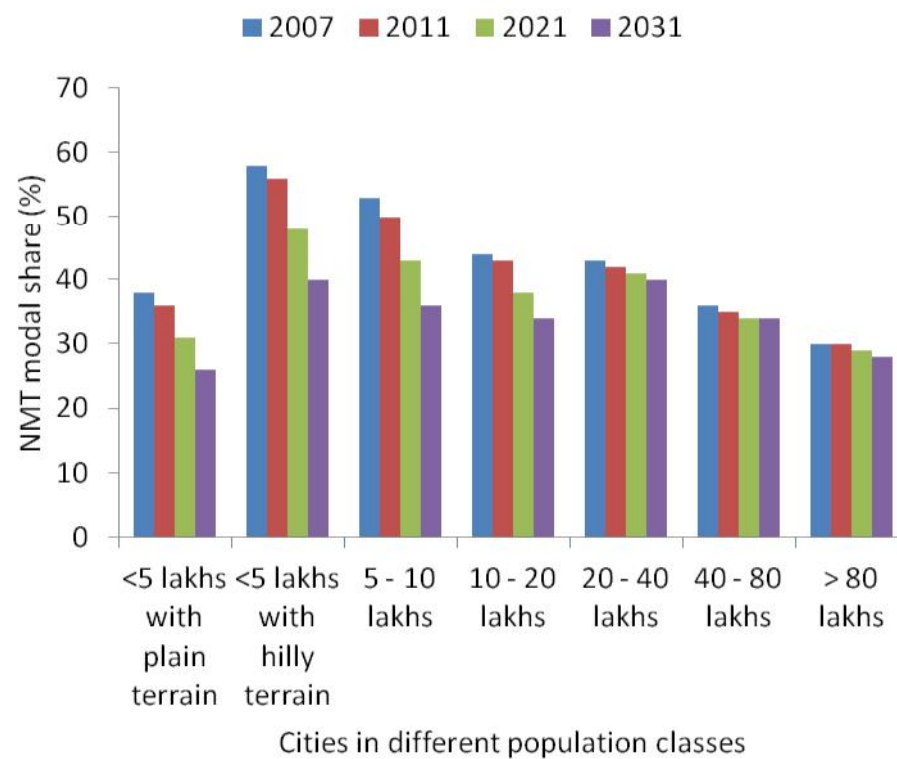
# Delhi, Kolkata have the highest count of cycle trips



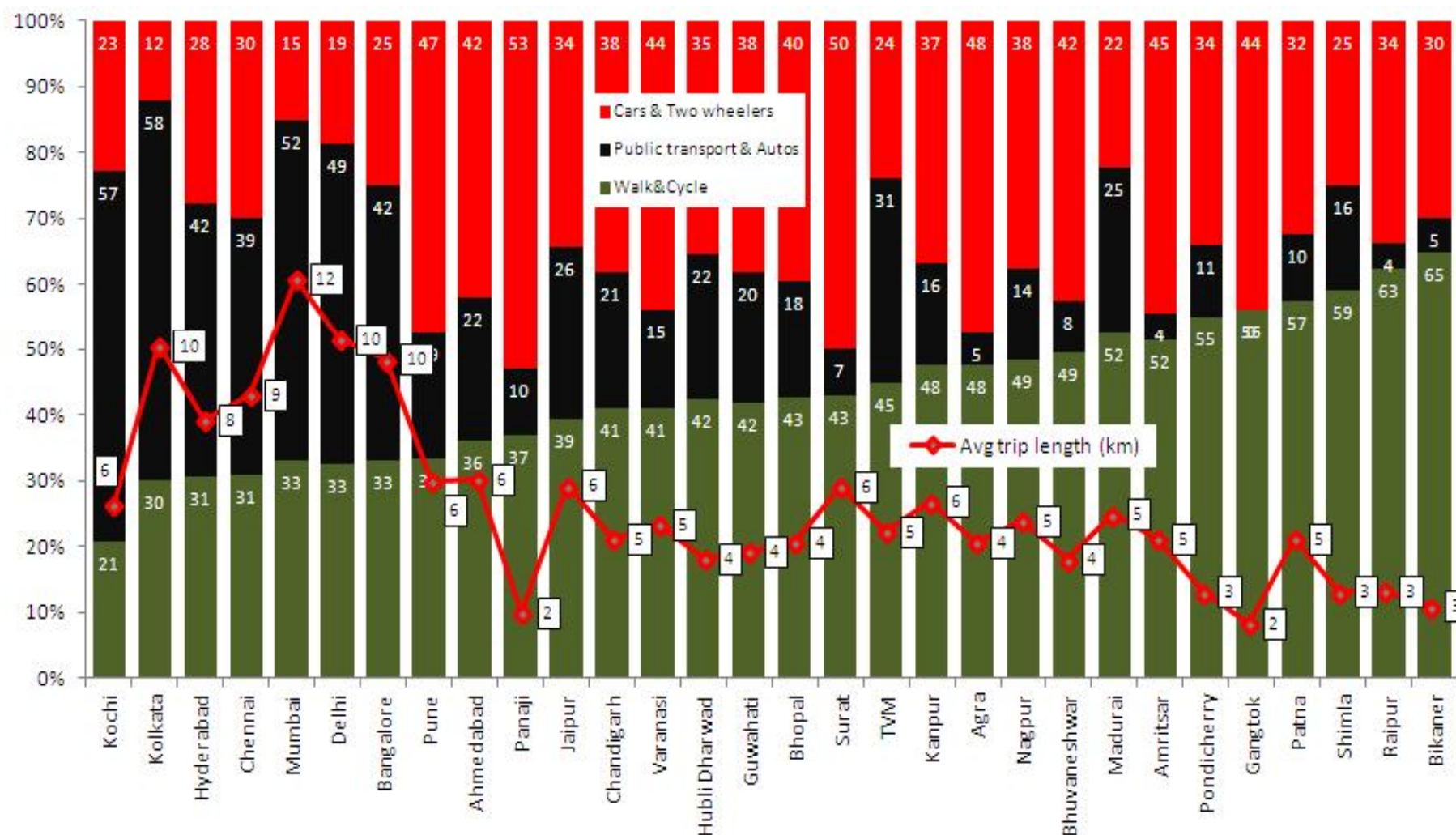
# But we will take the car as we get rich



Personal motorised travel to gain about 20% additional modal share in most city categories until 2031. Deadly for air. **NOT SMART**



# Compact cities have shorter trip length, more walking and cycle share and less CO2 emissions



Source: Based on analysis of data provided in reports: 1) ICLEI-South Asia 2009 2) WSA/MOUD 2008



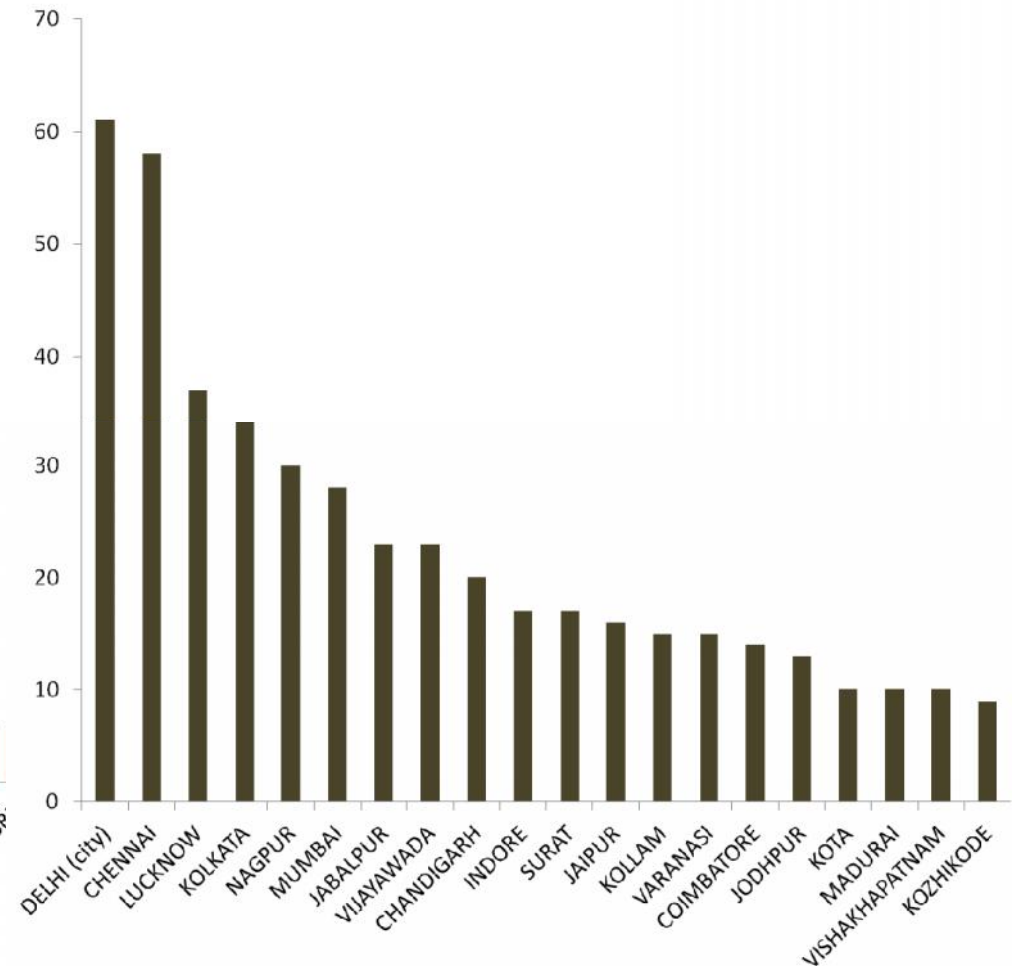
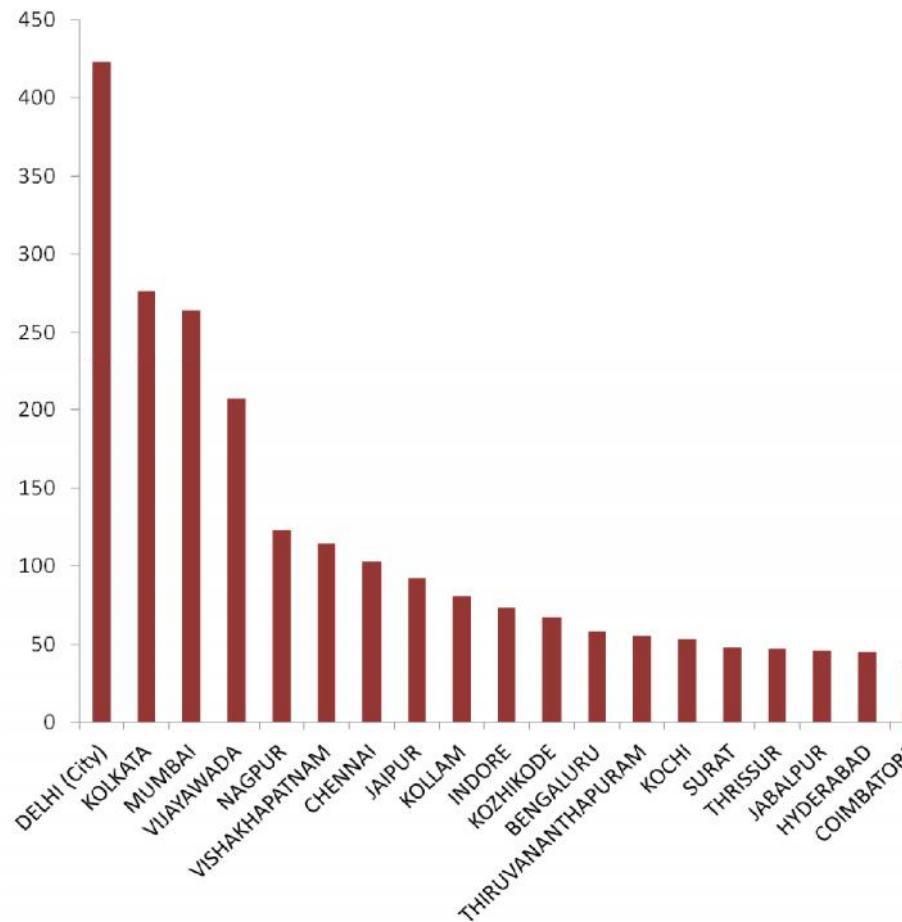
# We build unsafe killer roads

Walkers and cyclists are the largest number of victims ranging from 40-50% in big cities



Cyclists road accidental deaths 2012

Pedestrians road accidental deaths 2012





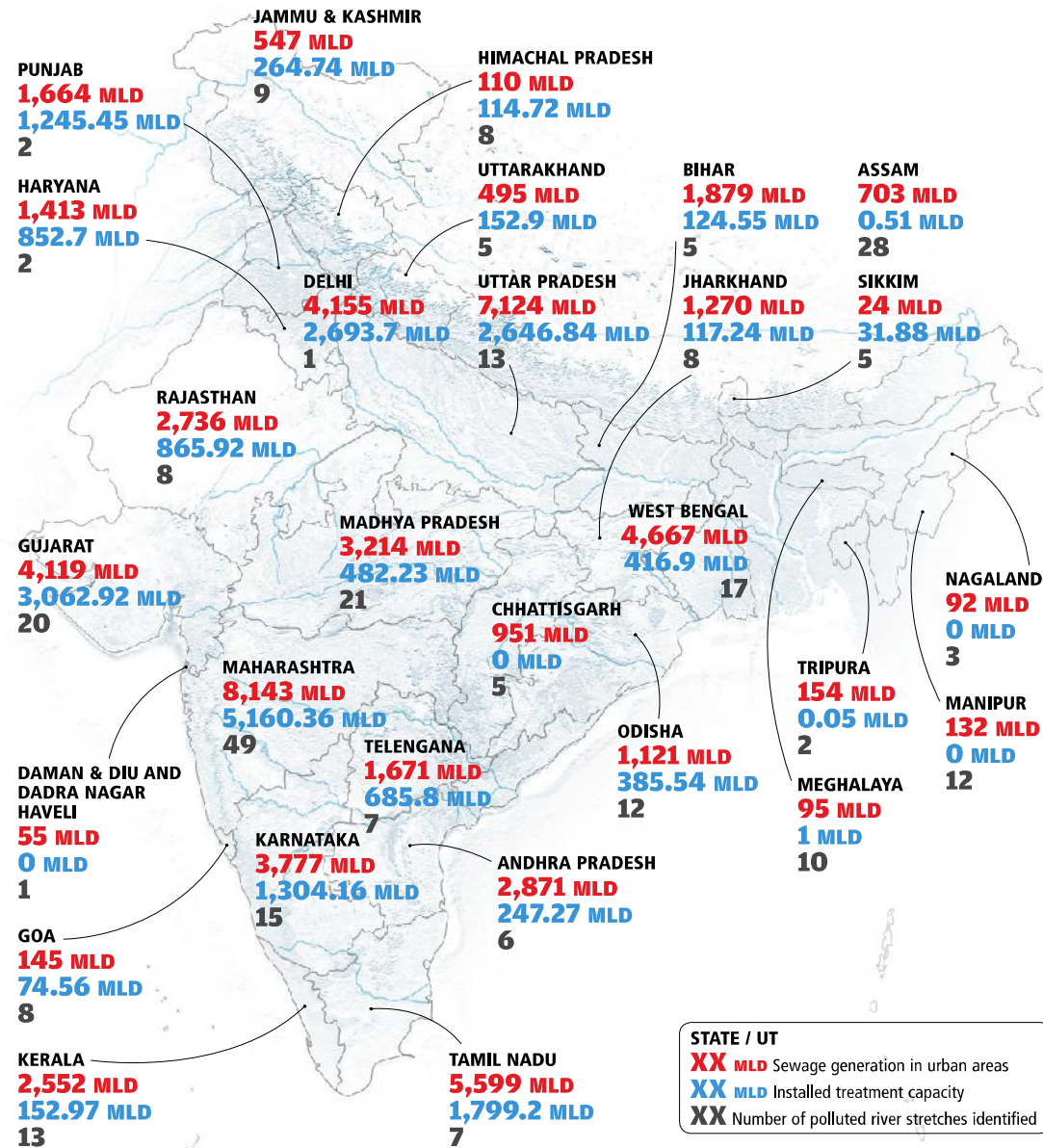
# Rivers are dying..

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- ⑩ ...**dead** in many stretches
- ⑩ Challenge is that many do not have sanitation; then toilet if provided is not connected to underground pipe; if connected then drain is not connected to sewage treatment and if all this happens that treated waste of some is mixed with untreated waste of many = **pollution**

## Extent of contamination

Spending enormous money, creating awareness and building sewage treatment plants have not helped cleanse India's polluted river stretches. The estimated polluted riverine length is 12,363km, about 5 times the length of Ganga main stem







# Options? Excreta does Matter

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71 city data analyzed  
City water-waste profiles  
Where does water come?  
Where does waste go?  
Simple questions  
But not asked  
Never answered

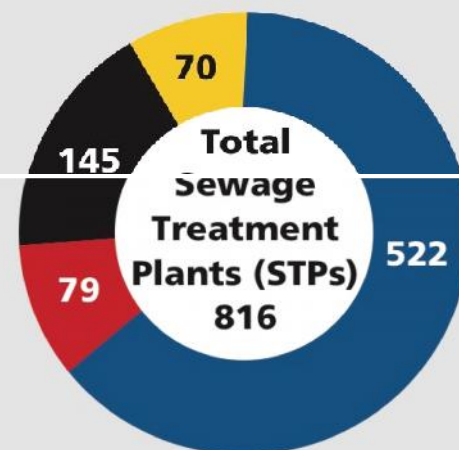
## THE OTHER STORIES

**SEWAGE GENERATION INCREASED BY 62%, TREATMENT CAPACITY BY 19%**

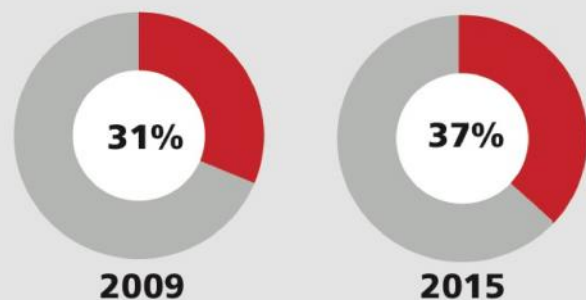
**Sewage generated by Class I & II cities (MLD)**



**More than one-third facilities not working**



**Capacity to treat**



■ Non-operational      ■ Functional  
■ Under construction      ■ Proposed

Source: State of India's Environment in Figures 2016



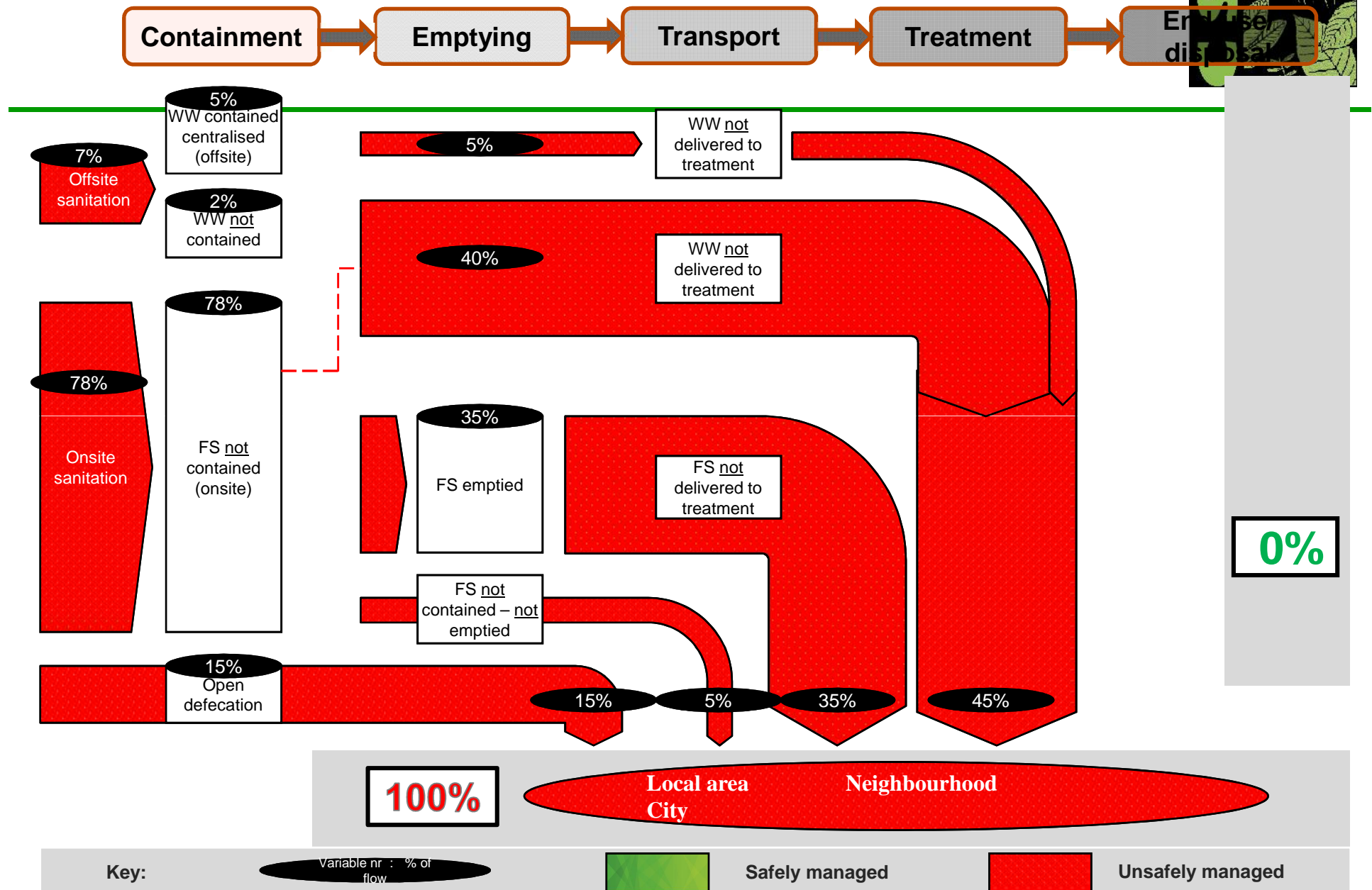
## Shit-flow diagrams (SFD)

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- ⑩ All cities; **majority of people** use “on-site” treatment systems
- ⑩ Septic systems; now often just deep containers in the ground that are cleaned; waste is ‘dumped’ in rivers; rivers; open areas. Pollution grows
- ⑩ No regulations for this
- ⑩ **Not considered part of ‘sanitation’ reality**

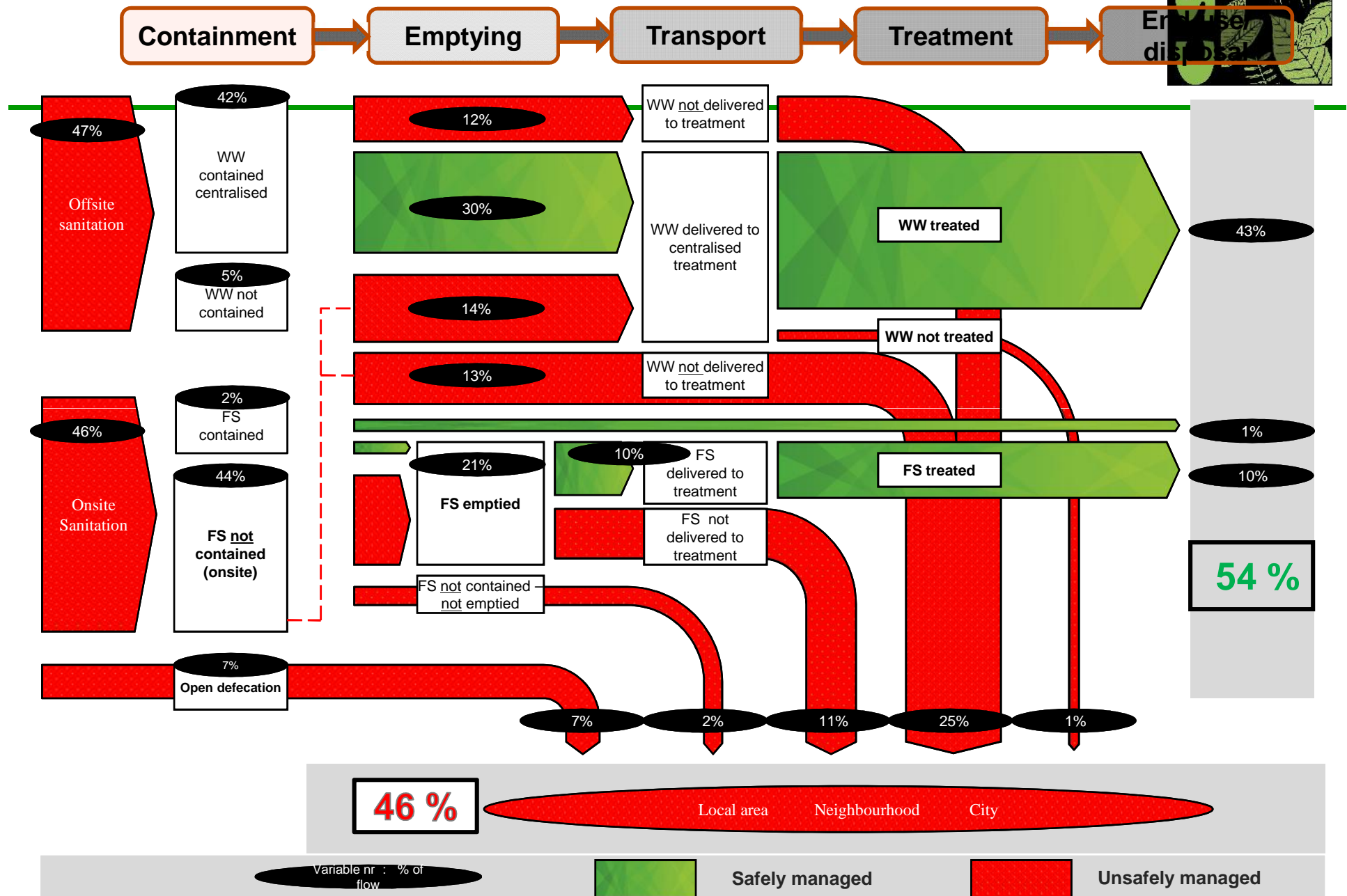
Srikakulam- 31 July 2015

Desk based



Agra – 21 October 2015

Desk based





# Opportunity: re-invent future sanitation solutions

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- ⑩ If India can jump-skip-leapfrog the landline-grid route in connectivity in telephones and energy access then why not in sanitation?
- ⑩ **Are cost-effective** (do not have to plan for underground sewerage for door-to-door conveyance)
- ⑩ **Already exist** – do not have to re-engineer entire cities for sewerage networks



# Opportunity: Modernize old for new approach

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- ⑩ **Water-based** sewage systems destroy the nitrogen-cycle of world
- ⑩ Water used to flush excreta; water as conveyance; water for disposal
- ⑩ Nutrients lost
- ⑩ Food security lost
- ⑩ Water polluted
- ⑩ **Land-based** sewage systems better: return nutrients to ground

# Climate risk world increased vulnerability

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- ⑩ Across our world farmers are hit twice
- ⑩ Once because of increasing cost of agriculture and decreasing returns
- ⑩ Twice because of increasing extreme and variable weather events
- ⑩ Adding to loss
- ⑩ **Destroying coping ability**



## Tragedy: our making

---

- ⑩ Today we cry when it does not rain
- ⑩ Today we cry when it does rain
- ⑩ Go from cycle of crippling drought to back-breaking flood
- ⑩ Double whammy
- ⑩ Mismanagement of water resources + changing character of rainfall
- ⑩ Must know this change



## RELEVANCE

Rapid urbanisation is the cause of increasing urban floods

# CASE STUDY #3

## Chennai Floods

Unplanned urbanisation can lead to catastrophic disasters, bringing to fore the constant tussle between nature and human encroachments

ON DECEMBER 1, 2015 houses on the ground floor in Jafferkhanpet, a neighbourhood in southern Chennai, started to inundate because of torrential rains gradually engulfing 80 per cent of the city under four metres of water. The situation continued for the next 72 hours, killing over 500 and destroying infrastructure worth ₹500 crore. On December 1, Chennai received 800 mm rainfall, making it the wettest December day ever recorded in the city. The normal rainfall for Chennai in December is 191 mm. The India Meteorological



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Department (IMD) in mid-October issued a forecast that predicted 11-12 per cent above normal rains in the southern states with a probability of about 90 per cent.

### Enough reasons for disaster

A 2014 analysis by the Indian

Institute of Science, Bengaluru, shows that the rate of urbanisation in Chennai has increased by 20 times in the past four decades—and the city has expanded at the cost of destroying the city's natural flood sinks, such as marshlands and river channels. The concrete jungles obstruct and encroach upon the natural flow of waterbodies and create pockets that trap water, which increases the flood intensity. Concerned citizens groups have moved courts several times to save the wetlands. In September 2015, the Madras High Court ordered all the

authorities concerned to remove encroachments from the marsh of Pallikaranai lake. Laws, such as the Tamil Nadu Protection of Tanks and Eviction of Encroachment Act, 2007, have not been able to save the wetlands in the city, say experts.

The existing rules and regulations are not strong enough to protect the urban lakes. This is the reason the three rivers in Chennai—the Cooum, Adyar and the Kosathalaiyar—are highly encroached upon. The city has four sewage treatment plants, but the treated water that flows through natural channels often gets mixed with untreated wastewater from colonies and industries on the way. The sewage generated by the people gets mixed with the water runoff and clogs the natural channels and storm water drains. Even the city's numerous water bodies and marshlands that should have acted as sponges are either encroached upon or over polluted.

The management of untreated sewage and solid waste should be done on a war footing to avoid choking of drains. Strong regulations should be implemented to stop encroachment of the wetlands and water channels.

## LESSONS

- Urban floods can happen due to unplanned urbanisation as it hardly leaves space for natural flow of water
- Encroachment of wetlands and other small water bodies does not let water to be absorbed; results in flooding
- Improper sewage treatment results in the clogging of storm water drains which lose their capacity to carry extra load of water

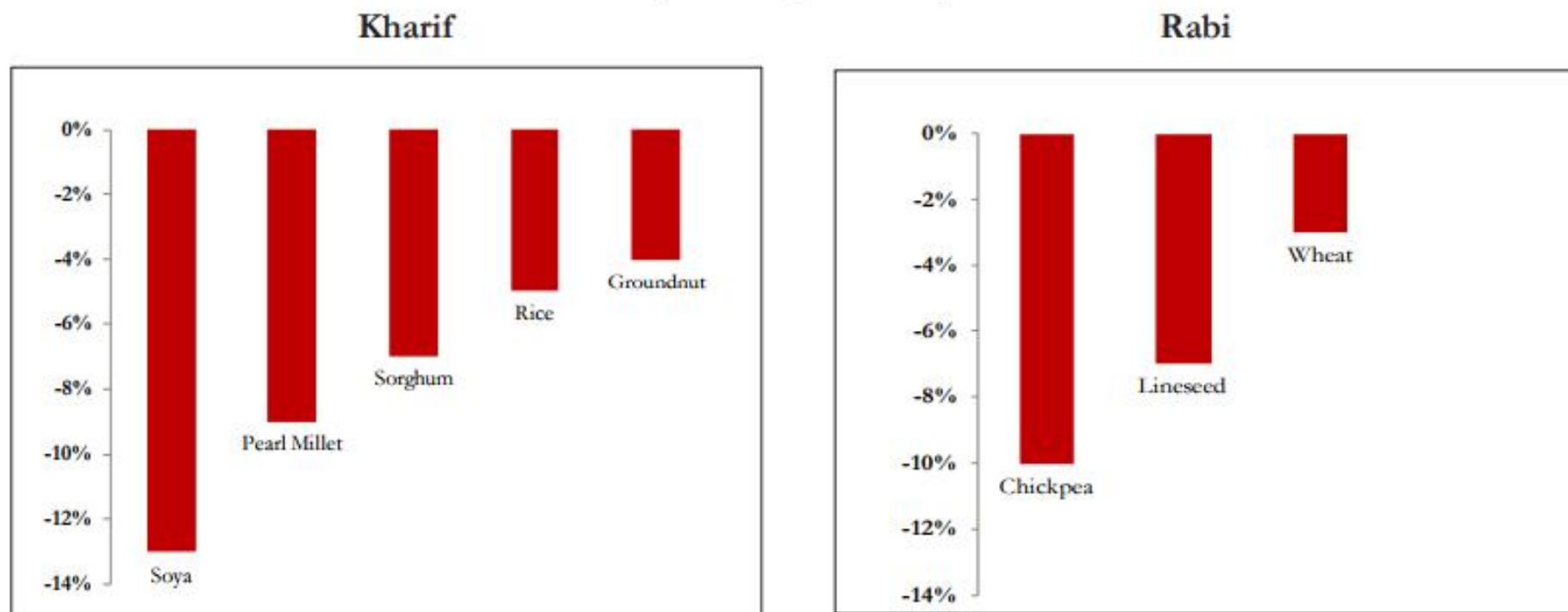


## Now more variable, extreme

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- ⑩ Weird weather has become the 'new normal'
- ⑩ Unseasonal rain
- ⑩ Abnormally high rain that comes in short periods
- ⑩ Unseasonal and deadly hailstorms; cold and heat spells
- ⑩ **2017: Flood in the time of drought**

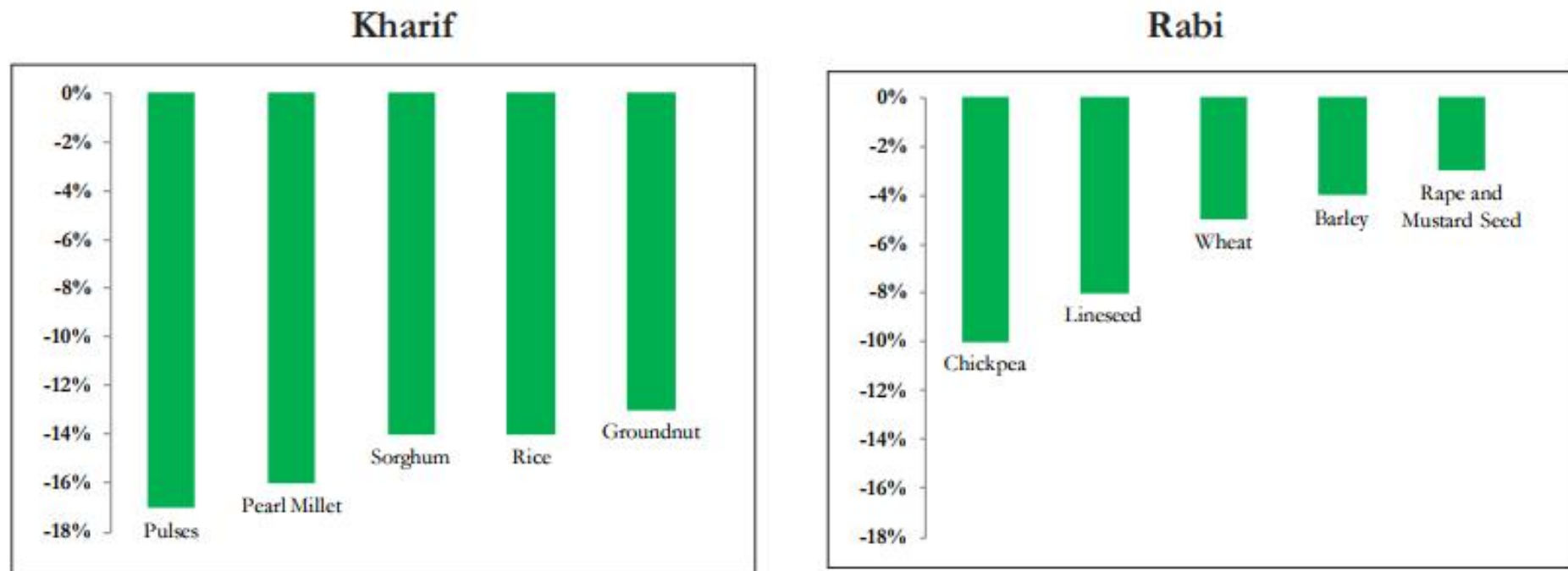
## Economic Survey 2018: Accepts that Extreme Temperature will Impact our Crop Yields (percentage decline)



Source: The Economic Survey of India, 2017-18, [http://mofapp.nic.in:8080/economicsurvey/pdf/082-101\\_Chapter\\_06\\_ENGLISH\\_Vol\\_01\\_2017-18.pdf](http://mofapp.nic.in:8080/economicsurvey/pdf/082-101_Chapter_06_ENGLISH_Vol_01_2017-18.pdf)

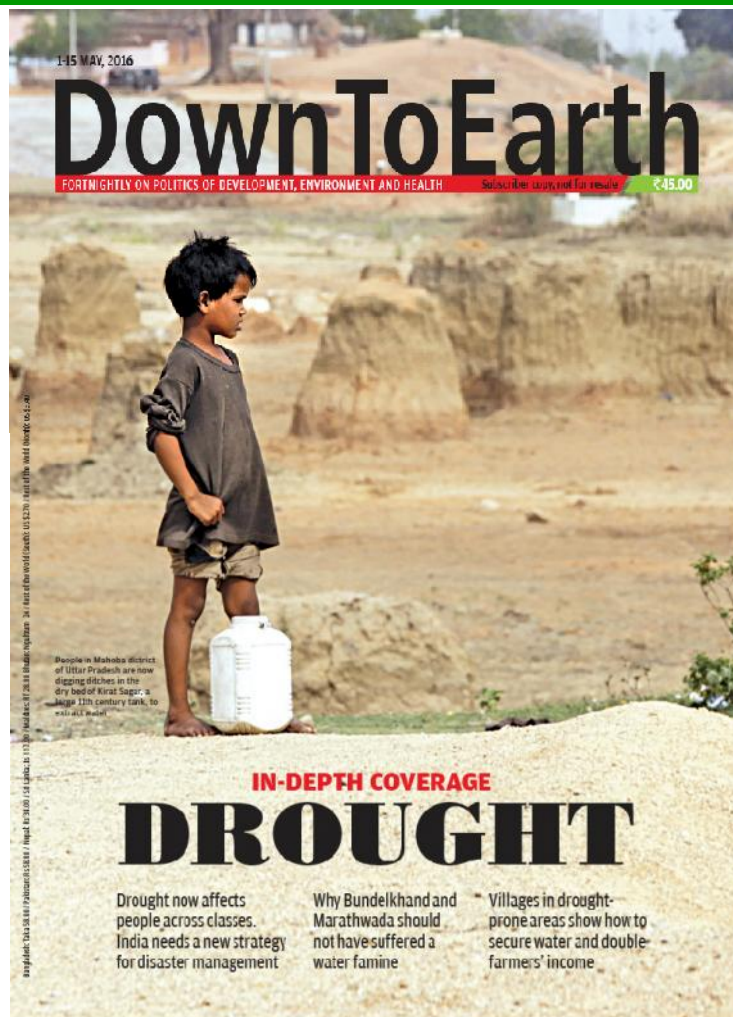


# Economic Survey 2018: Extreme Rainfall will Decrease Crop Yields (percentage decline)



Source: The Economic Survey of India, 2017-18, [http://mofapp.nic.in:8080/economicsurvey/pdf/082-101\\_Chapter\\_06\\_ENGLISH\\_Vol\\_01\\_2017-18.pdf](http://mofapp.nic.in:8080/economicsurvey/pdf/082-101_Chapter_06_ENGLISH_Vol_01_2017-18.pdf)

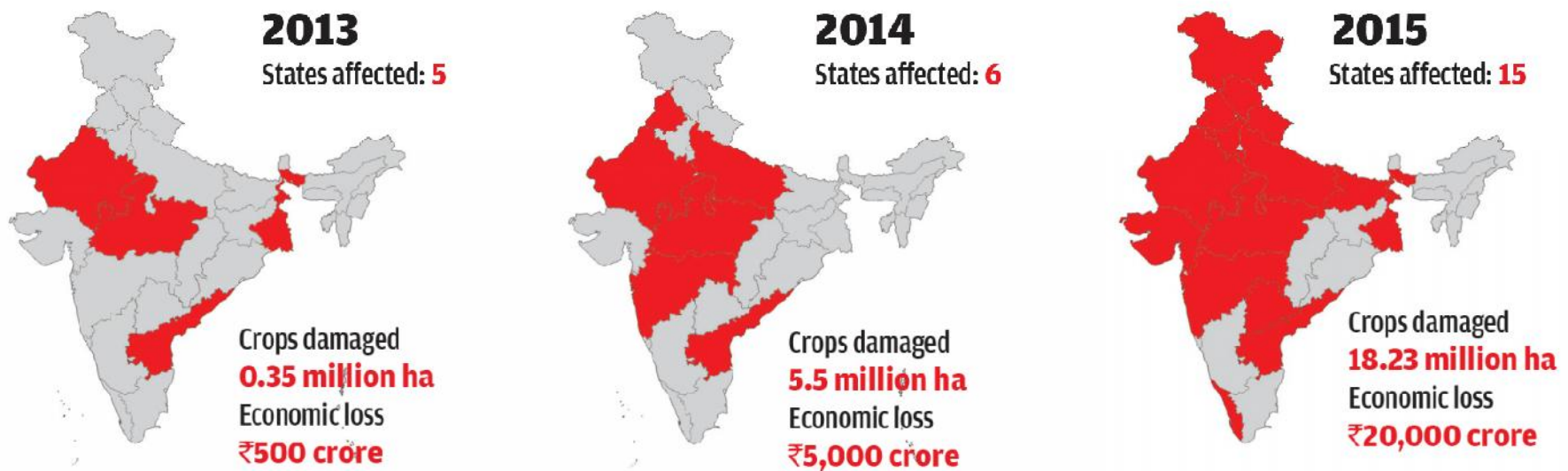
# From crippling drought to deluge



# Killing fields: Season of despair for farmers

## When freak becomes norm

When hailstorms and unseasonal rains destroyed large swathes of rabi crops in 2013, they were thought to be freak weather events. But they hit again in 2014, and then this year, each time with more intensity, and causing more damage

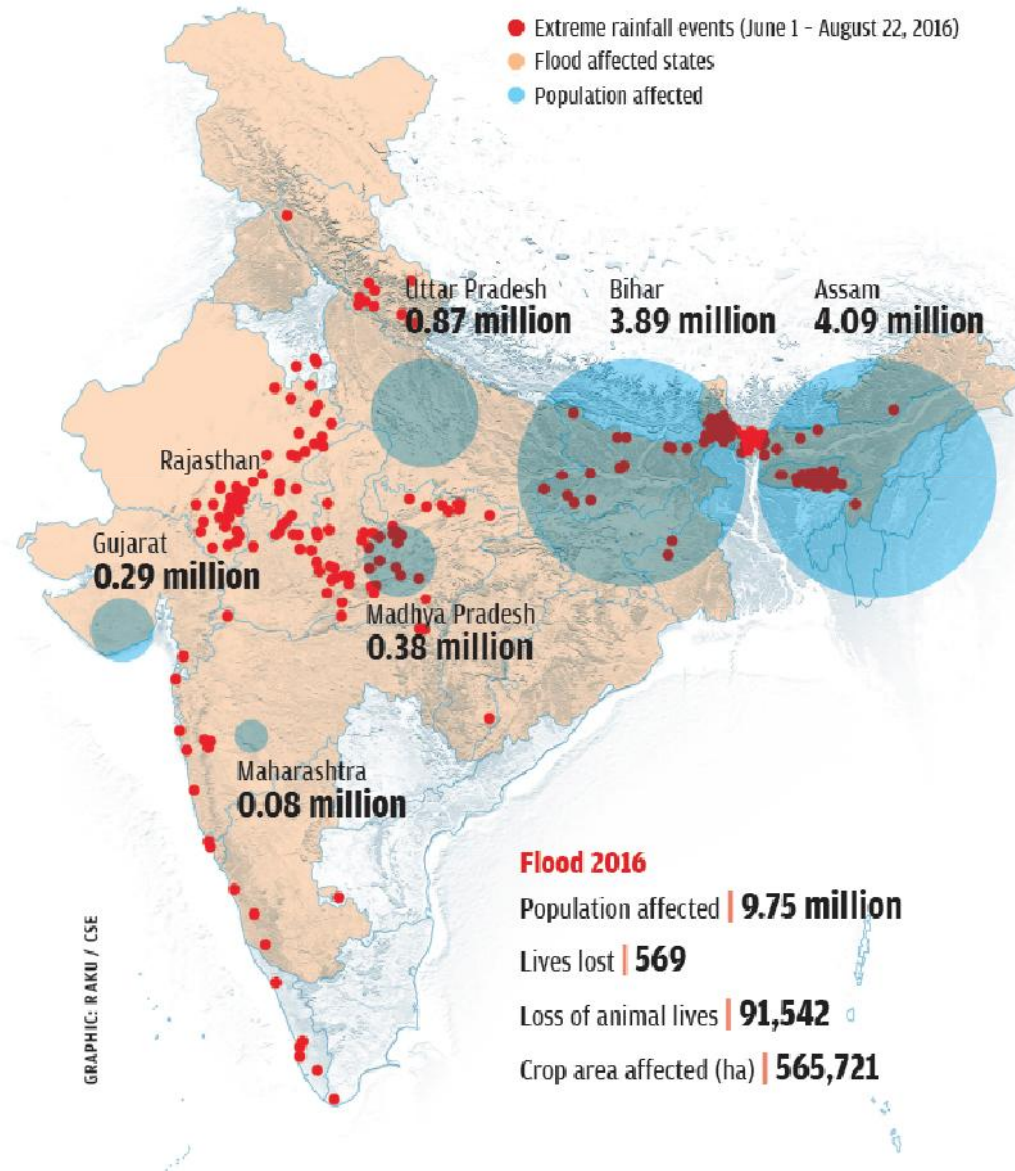


Source: Based on state estimates



## Under water

Most of the floods in 2016 were preceded by extreme rainfall events—a precipitation of 124.5 mm or more in a day



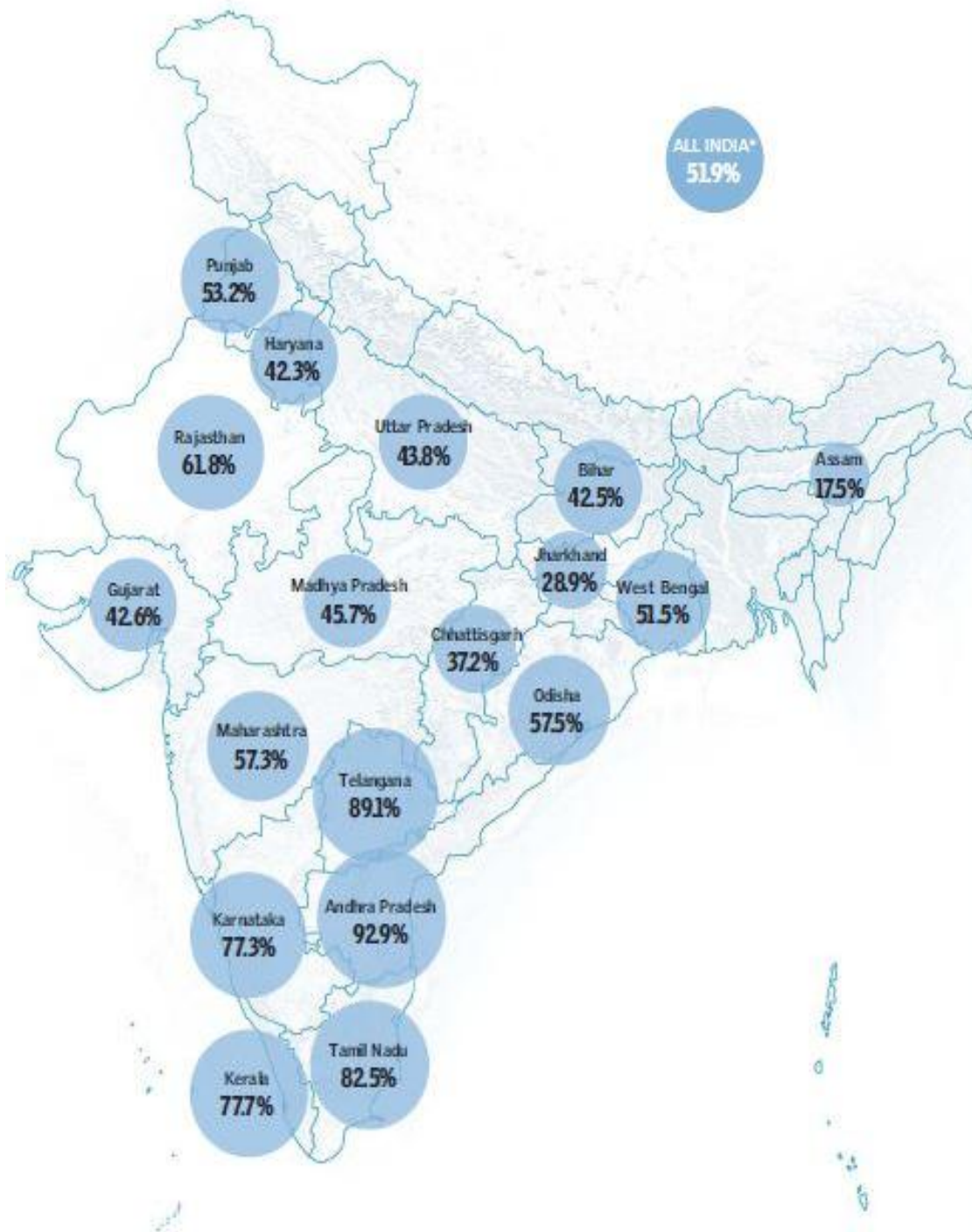
# Future: Link method with resilience

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- ⑩ Increase of productivity has to low-cost
- ⑩ Higher cost, higher risk, higher loss
- ⑩ Measure resilience as managing risks
- ⑩ **Resilience is about multiple crops;  
need crops that are water resilient;  
need systems of agriculture that can  
improve coping abilities of farmers**





- 52 per cent of India's agricultural households are in debt.

**Indebtedness in some states touches 93 per cent**

\*Based on information from all states and Union Territories, including those not shown in this map  
Source: 70th round: National Sample Survey (Report titled 'Situation Assessment Survey of Agricultural Households' January–December 2013)



# Re-invent agriculture

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Learn to value agriculture that is **low-input** and so **low-output**

Modern agriculture is expensive and so subsidized **across the world**

Modern agriculture is industrial and so built for large volumes of low-cost food; **discounting consumer safety**



# Link Farmers to our Food

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⑩ Not just about taste

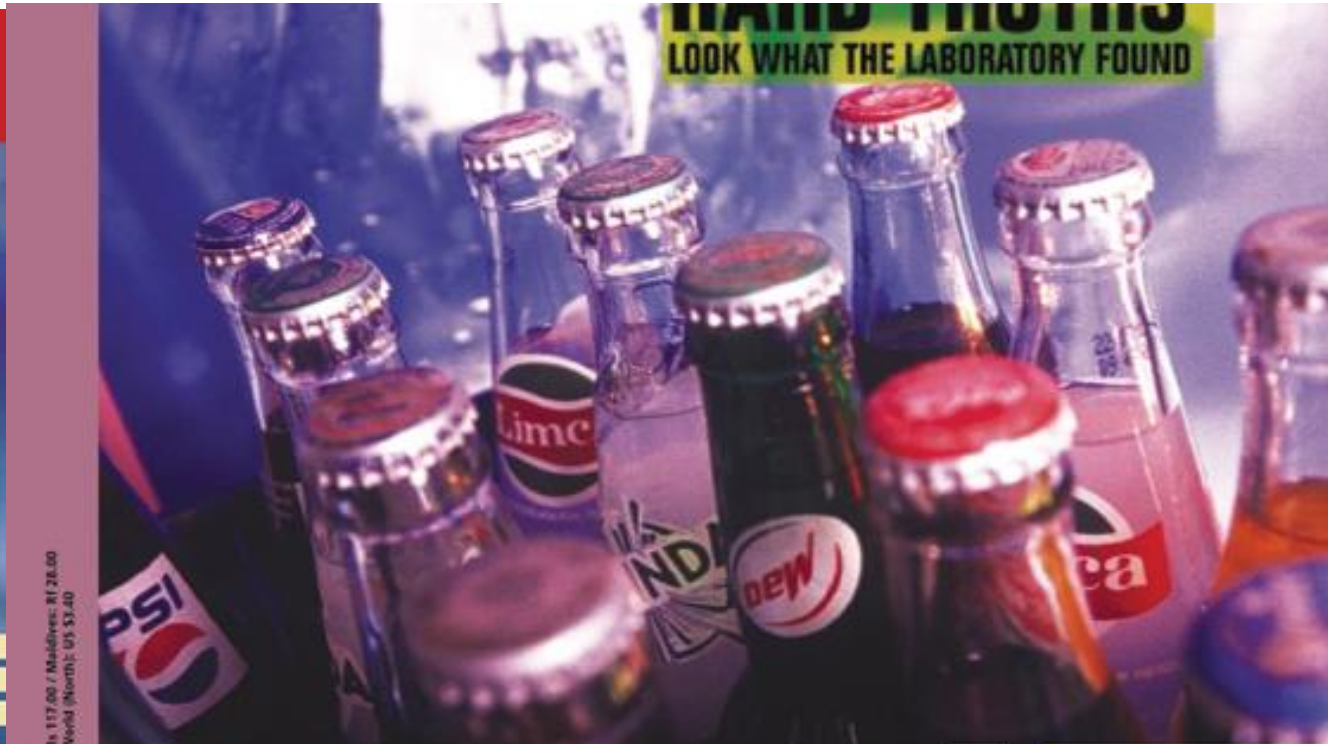
⑩ About nutrition

⑩ About safety

⑩ About biodiversity

Toxins used in agriculture  
In our water, our food  
In our bodies – deadly health implications

## Pesticides in our food





# Pesticide in blood





# Antibiotics in Honey



- In 2010 tested 12 brands of honey, including two popular International brands. Found to contain antibiotics from the banned Chloramphenicol to the broad spectrum Ciprofloxacin and Erythromycin.
- Found that we regulate antibiotics in the honey we export, but not in the honey sold domestically.
- FSSAI issued standard stating no antibiotics and pesticide residues are allowed in honey. The advisory has also specified maximum limits for heavy metals in honey.



## Food-sustainability link

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- ⑩ Sustainability is about **what we grow** – biodiversity rich and nature-friendly
- ⑩ Sustainability is about **who grows** – local food for livelihood security
- ⑩ Sustainability is about **how we grow** – less intensive and less toxic
- ⑩ Sustainability is about **what we eat** – less processed and more bio-diverse and local



# Resilience is not technology

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- ⑩ It is about cropping pattern
- ⑩ It is about food we eat
- ⑩ **Diets are about food we are 'sold'**
- ⑩ Need to make this link
- ⑩ Need to change nature of food industry in climate risk world





Food: Connecting the many dots



Grow  
Eat  
Celebrate

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Diversity  
Culture  
Cuisines





# Food

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- ⑩ Is nature
- ⑩ Food diversity about biological diversity
- ⑩ We lose one, we lose the other
- ⑩ We lose culture, we lose nature



# One airshed; one planet

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- ⑩ **One airshed**
- ⑩ Rich and poor
- ⑩ Urban and rural
- ⑩ **We need to have affordable and inclusive growth for all**
- ⑩ Otherwise will not succeed



## Our real objective

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- ⑩ Help us to build multipliers
- ⑩ Help us to change the way the young 'understand' environment
- ⑩ Move from being middle-class environmentalists to real environmentalist
- ⑩ Move from being arm-chair (social media) environmentalists to doing things in their real world - whichever the profession.